

Newcastle, ME - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:49	8.8	5:12	8.1	11:12	1.4	11:25	1.3	7:13	4:10	
2	Fri	5:37	9.0	6:10	8.0			12:08	1.2	7:13	4:11	
3	Sat	6:30	9.4	7:12	8.1	12:18	1.3	1:08	0.8	7:13	4:12	
4	Sun	7:27	9.8	8:13	8.4	1:15	1.2	2:08	0.3	7:13	4:13	
5	Mon	8:23	10.3	9:09	8.8	2:13	1.0	3:05	-0.3	7:12	4:14	
6	Tue	9:17	10.9	10:04	9.2	3:09	0.5	3:59	-0.9	7:12	4:15	
7	Wed	10:12	11.3	10:57	9.6	4:03	0.1	4:51	-1.3	7:12	4:16	
8	Thu	11:06	11.7	11:50	9.9	4:57	-0.3	5:44	-1.7	7:12	4:17	
9	Fri			12:00	11.8	5:51	-0.6	6:35	-1.8	7:12	4:18	
10	Sat	12:41	10.2	12:53	11.6	6:46	-0.7	7:25	-1.7	7:11	4:19	
11	Sun	1:33	10.3	1:47	11.2	7:41	-0.6	8:16	-1.4	7:11	4:20	
12	Mon	2:26	10.3	2:44	10.6	8:38	-0.5	9:09	-0.9	7:11	4:21	
13	Tue	3:21	10.2	3:44	9.9	9:39	-0.2	10:04	-0.3	7:10	4:23	
14	Wed	4:17	10.1	4:46	9.2	10:41	0.1	11:00	0.3	7:10	4:24	
15	Thu	5:15	9.8	5:50	8.7	11:46	0.3	11:59	0.9	7:09	4:25	
16	Fri	6:14	9.6	6:56	8.3			12:52	0.5	7:09	4:26	
17	Sat	7:14	9.5	8:00	8.2	1:02	1.3	1:57	0.5	7:08	4:27	
18	Sun	8:12	9.5	8:57	8.2	2:03	1.5	2:54	0.4	7:08	4:29	
19	Mon	9:04	9.6	9:46	8.3	2:58	1.4	3:45	0.2	7:07	4:30	
20	Tue	9:51	9.7	10:31	8.4	3:46	1.3	4:30	0.1	7:06	4:31	
21	Wed	10:34	9.8	11:12	8.5	4:29	1.2	5:11	0.1	7:06	4:33	
22	Thu	11:13	9.8	11:49	8.6	5:09	1.1	5:47	0.0	7:05	4:34	
23	Fri	11:50	9.8			5:46	1.0	6:21	0.0	7:04	4:35	
24	Sat	12:23	8.7	12:25	9.7	6:21	0.9	6:52	0.1	7:03	4:36	
25	Sun	12:56	8.8	12:59	9.6	6:57	0.9	7:23	0.2	7:02	4:38	
26	Mon	1:28	8.9	1:34	9.3	7:33	0.9	7:56	0.3	7:01	4:39	
27	Tue	2:01	9.0	2:11	9.0	8:11	0.9	8:31	0.5	7:00	4:41	
28	Wed	2:36	9.0	2:52	8.7	8:53	0.9	9:10	0.8	6:59	4:42	
29	Thu	3:16	9.1	3:39	8.4	9:40	0.9	9:53	1.0	6:58	4:43	
30	Fri	4:01	9.2	4:32	8.1	10:32	0.9	10:43	1.2	6:57	4:45	
31	Sat	4:52	9.2	5:31	7.9	11:29	0.9	11:39	1.3	6:56	4:46	