

Newcastle, ME - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:20	9.5	5:06	7.9	11:01	0.6	11:12	1.4	6:15	5:25	
2	Mon	5:23	9.5	6:16	7.9			12:08	0.6	6:13	5:27	
3	Tue	6:33	9.7	7:28	8.3	12:19	1.3	1:19	0.3	6:11	5:28	
4	Wed	7:43	10.1	8:32	8.9	1:30	1.0	2:25	-0.2	6:10	5:29	
5	Thu	8:47	10.6	9:29	9.6	2:37	0.4	3:23	-0.7	6:08	5:31	
6	Fri	9:45	11.1	10:21	10.3	3:36	-0.3	4:15	-1.2	6:06	5:32	
7	Sat	10:39	11.4	11:10	10.8	4:32	-0.9	5:05	-1.5	6:04	5:33	
8	Sun	11:31	11.4	11:57	11.1	5:24	-1.4	5:52	-1.5	6:03	5:34	
9	Mon			12:21	11.2	6:15	-1.6	6:38	-1.3	6:01	5:36	
10	Tue	12:43	11.2	1:10	10.7	7:05	-1.5	7:23	-0.8	5:59	5:37	
11	Wed	1:28	11.0	2:00	10.1	7:55	-1.2	8:10	-0.2	5:57	5:38	
12	Thu	2:15	10.6	2:53	9.3	8:46	-0.6	8:59	0.5	5:55	5:39	
13	Fri	3:06	10.0	3:50	8.7	9:42	0.0	9:52	1.2	5:54	5:41	
14	Sat	4:01	9.4	4:50	8.1	10:41	0.6	10:51	1.7	5:52	5:42	
15	Sun	5:02	9.0	5:54	7.8	11:45	1.0	11:55	2.1	5:50	5:43	
16	Mon	6:06	8.7	6:59	7.7			12:52	1.3	5:48	5:44	
17	Tue	7:11	8.6	7:58	7.8	1:02	2.1	1:55	1.2	5:46	5:46	
18	Wed	8:10	8.8	8:49	8.2	2:05	1.9	2:48	1.0	5:45	5:47	
19	Thu	8:59	9.0	9:32	8.5	2:57	1.6	3:32	0.8	5:43	5:48	
20	Fri	9:43	9.3	10:10	8.9	3:41	1.2	4:09	0.6	5:41	5:49	
21	Sat	10:22	9.4	10:45	9.3	4:20	0.8	4:43	0.4	5:39	5:51	
22	Sun	10:59	9.5	11:17	9.6	4:57	0.5	5:14	0.3	5:37	5:52	
23	Mon	11:35	9.5	11:48	9.8	5:31	0.2	5:45	0.3	5:36	5:53	
24	Tue			12:10	9.5	6:06	0.0	6:17	0.4	5:34	5:54	
25	Wed	12:19	10.0	12:45	9.3	6:41	-0.1	6:51	0.5	5:32	5:56	
26	Thu	12:52	10.1	1:22	9.1	7:19	-0.2	7:28	0.6	5:30	5:57	
27	Fri	1:28	10.1	2:04	8.9	8:01	-0.1	8:10	0.9	5:28	5:58	
28	Sat	2:11	10.0	2:52	8.6	8:48	0.1	8:58	1.1	5:26	5:59	
29	Sun	3:02	9.8	3:49	8.3	9:43	0.3	9:54	1.3	5:25	6:00	
30	Mon	4:01	9.7	4:53	8.2	10:44	0.4	10:57	1.4	5:23	6:02	
31	Tue	5:07	9.6	6:03	8.3	11:51	0.5			5:21	6:03	