

Newcastle, ME - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:07	10.0	1:41	9.1	7:35	0.0	7:38	1.1	5:28	7:41	
2	Sun	1:41	10.0	2:17	8.9	8:10	0.1	8:15	1.2	5:27	7:42	
3	Mon	2:17	9.9	2:55	8.8	8:48	0.2	8:55	1.2	5:26	7:43	
4	Tue	2:56	9.8	3:37	8.8	9:30	0.2	9:40	1.3	5:24	7:44	
5	Wed	3:41	9.7	4:25	8.8	10:16	0.3	10:30	1.3	5:23	7:46	
6	Thu	4:31	9.6	5:16	8.9	11:06	0.3	11:25	1.2	5:22	7:47	
7	Fri	5:27	9.6	6:11	9.2			12:00	0.3	5:20	7:48	
8	Sat	6:28	9.6	7:09	9.6	12:24	1.0	12:56	0.2	5:19	7:49	
9	Sun	7:31	9.7	8:07	10.2	1:27	0.6	1:55	0.1	5:18	7:50	
10	Mon	8:35	9.9	9:04	10.8	2:31	0.1	2:54	-0.2	5:17	7:51	
11	Tue	9:36	10.2	9:58	11.4	3:31	-0.6	3:50	-0.5	5:15	7:53	
12	Wed	10:33	10.5	10:51	11.8	4:28	-1.2	4:43	-0.7	5:14	7:54	
13	Thu	11:29	10.7	11:43	12.1	5:23	-1.7	5:36	-0.8	5:13	7:55	
14	Fri			12:24	10.8	6:16	-1.9	6:29	-0.8	5:12	7:56	
15	Sat	12:36	12.1	1:17	10.7	7:09	-1.9	7:22	-0.6	5:11	7:57	
16	Sun	1:28	11.9	2:11	10.4	8:02	-1.7	8:14	-0.2	5:10	7:58	
17	Mon	2:20	11.5	3:05	10.1	8:55	-1.3	9:09	0.2	5:09	7:59	
18	Tue	3:15	10.9	4:01	9.8	9:49	-0.7	10:06	0.6	5:08	8:00	
19	Wed	4:12	10.3	4:59	9.5	10:46	-0.2	11:07	1.0	5:07	8:01	
20	Thu	5:11	9.7	5:56	9.3	11:42	0.3			5:06	8:02	
21	Fri	6:11	9.3	6:52	9.2	12:08	1.3	12:38	0.7	5:05	8:03	
22	Sat	7:10	8.9	7:46	9.2	1:10	1.4	1:34	1.0	5:04	8:04	
23	Sun	8:09	8.7	8:38	9.4	2:11	1.3	2:28	1.2	5:03	8:05	
24	Mon	9:04	8.7	9:25	9.5	3:07	1.1	3:18	1.3	5:02	8:06	
25	Tue	9:54	8.7	10:08	9.7	3:56	0.9	4:02	1.3	5:02	8:07	
26	Wed	10:39	8.8	10:48	9.9	4:40	0.6	4:43	1.3	5:01	8:08	
27	Thu	11:22	8.9	11:26	10.0	5:21	0.4	5:21	1.2	5:00	8:09	
28	Fri			12:02	8.9	5:59	0.2	5:58	1.2	5:00	8:10	
29	Sat	12:03	10.1	12:41	9.0	6:35	0.1	6:35	1.1	4:59	8:11	
30	Sun	12:40	10.2	1:19	9.0	7:11	0.0	7:12	1.1	4:58	8:12	
31	Mon	1:16	10.2	1:56	9.1	7:48	-0.1	7:52	1.1	4:58	8:13	