

Newcastle, ME - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:17	10.6	2:54	9.8	8:46	-0.6	9:01	0.4	4:59	8:24	
2	Fri	3:03	10.5	3:41	10.0	9:31	-0.6	9:53	0.3	4:59	8:24	
3	Sat	3:54	10.3	4:31	10.2	10:20	-0.5	10:48	0.2	5:00	8:24	
4	Sun	4:49	10.0	5:24	10.4	11:12	-0.3	11:47	0.2	5:00	8:24	
5	Mon	5:49	9.7	6:21	10.5			12:07	-0.1	5:01	8:23	
6	Tue	6:52	9.5	7:20	10.7	12:49	0.1	1:05	0.1	5:02	8:23	
7	Wed	7:58	9.4	8:22	10.9	1:54	-0.1	2:07	0.3	5:02	8:23	
8	Thu	9:04	9.4	9:23	11.1	2:59	-0.3	3:10	0.3	5:03	8:22	
9	Fri	10:05	9.6	10:20	11.3	4:01	-0.6	4:09	0.2	5:04	8:22	
10	Sat	11:02	9.7	11:14	11.3	4:57	-0.9	5:05	0.1	5:05	8:21	
11	Sun	11:56	9.9			5:50	-1.0	5:58	0.0	5:05	8:21	
12	Mon	12:06	11.3	12:46	10.0	6:40	-1.0	6:49	0.1	5:06	8:20	
13	Tue	12:56	11.2	1:34	10.0	7:28	-0.9	7:38	0.2	5:07	8:20	
14	Wed	1:43	10.9	2:19	9.9	8:12	-0.6	8:26	0.4	5:08	8:19	
15	Thu	2:29	10.4	3:04	9.8	8:56	-0.3	9:13	0.6	5:09	8:18	
16	Fri	3:15	9.9	3:49	9.6	9:39	0.1	10:01	0.9	5:10	8:18	
17	Sat	4:02	9.4	4:35	9.4	10:23	0.6	10:52	1.2	5:11	8:17	
18	Sun	4:52	9.0	5:22	9.3	11:08	1.0	11:43	1.4	5:12	8:16	
19	Mon	5:43	8.5	6:10	9.2	11:54	1.3			5:13	8:15	
20	Tue	6:37	8.2	7:00	9.1	12:36	1.5	12:43	1.6	5:14	8:14	
21	Wed	7:34	8.0	7:53	9.2	1:33	1.5	1:36	1.8	5:15	8:13	
22	Thu	8:31	8.0	8:45	9.4	2:30	1.4	2:30	1.8	5:16	8:13	
23	Fri	9:24	8.2	9:34	9.6	3:23	1.1	3:21	1.6	5:17	8:12	
24	Sat	10:12	8.4	10:19	10.0	4:10	0.8	4:09	1.4	5:18	8:11	
25	Sun	10:57	8.8	11:02	10.3	4:53	0.4	4:53	1.0	5:19	8:10	
26	Mon	11:39	9.1	11:45	10.6	5:35	0.0	5:37	0.7	5:20	8:09	
27	Tue			12:21	9.5	6:16	-0.4	6:22	0.3	5:21	8:08	
28	Wed	12:29	10.9	1:03	9.9	6:57	-0.7	7:07	0.0	5:22	8:06	
29	Thu	1:13	11.0	1:45	10.3	7:39	-0.9	7:54	-0.2	5:23	8:05	
30	Fri	1:58	11.0	2:29	10.5	8:22	-1.0	8:43	-0.4	5:24	8:04	
31	Sat	2:46	10.8	3:17	10.7	9:09	-0.9	9:35	-0.4	5:25	8:03	