

Newcastle, ME - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:01	9.4	7:24	9.4	12:51	0.5	1:21	0.9	6:15	4:28	
2	Tue	7:56	9.5	8:20	9.3	1:49	0.7	2:19	0.7	6:16	4:27	
3	Wed	8:44	9.7	9:09	9.3	2:40	0.7	3:09	0.5	6:17	4:25	
4	Thu	9:27	9.9	9:53	9.3	3:24	0.7	3:53	0.3	6:19	4:24	
5	Fri	10:06	10.0	10:35	9.3	4:04	0.8	4:34	0.1	6:20	4:23	
6	Sat	10:43	10.1	11:13	9.3	4:40	0.8	5:11	0.1	6:21	4:21	
7	Sun	11:18	10.1	11:51	9.2	5:15	0.9	5:46	0.1	6:23	4:20	
8	Mon	11:53	10.0			5:49	1.0	6:21	0.1	6:24	4:19	
9	Tue	12:27	9.0	12:27	9.9	6:24	1.1	6:56	0.2	6:25	4:18	
10	Wed	1:03	8.9	1:02	9.8	7:00	1.3	7:33	0.3	6:27	4:17	
11	Thu	1:40	8.7	1:40	9.6	7:39	1.4	8:13	0.5	6:28	4:16	
12	Fri	2:21	8.6	2:23	9.5	8:22	1.5	8:57	0.6	6:29	4:15	
13	Sat	3:06	8.6	3:12	9.4	9:10	1.5	9:45	0.6	6:31	4:13	
14	Sun	3:55	8.7	4:05	9.3	10:03	1.4	10:36	0.6	6:32	4:12	
15	Mon	4:48	8.9	5:03	9.3	11:00	1.2	11:30	0.5	6:33	4:11	
16	Tue	5:42	9.3	6:04	9.4			12:00	0.9	6:35	4:11	
17	Wed	6:39	9.8	7:06	9.6	12:27	0.3	1:01	0.3	6:36	4:10	
18	Thu	7:35	10.5	8:06	10.0	1:24	0.0	2:02	-0.3	6:37	4:09	
19	Fri	8:29	11.1	9:03	10.3	2:20	-0.3	2:59	-1.0	6:38	4:08	
20	Sat	9:21	11.7	9:58	10.6	3:14	-0.6	3:53	-1.6	6:40	4:07	
21	Sun	10:13	12.0	10:53	10.8	4:06	-0.9	4:46	-2.0	6:41	4:06	
22	Mon	11:06	12.2	11:47	10.8	4:59	-1.0	5:39	-2.1	6:42	4:06	
23	Tue	11:59	12.1			5:52	-0.9	6:32	-2.0	6:43	4:05	
24	Wed	12:40	10.6	12:52	11.8	6:45	-0.6	7:25	-1.6	6:45	4:04	
25	Thu	1:35	10.3	1:47	11.3	7:40	-0.3	8:20	-1.1	6:46	4:04	
26	Fri	2:31	10.0	2:44	10.6	8:38	0.2	9:17	-0.6	6:47	4:03	
27	Sat	3:30	9.7	3:45	10.0	9:39	0.6	10:16	0.0	6:48	4:03	
28	Sun	4:29	9.5	4:47	9.5	10:42	0.9	11:14	0.4	6:49	4:02	
29	Mon	5:28	9.3	5:49	9.0	11:46	1.1			6:51	4:02	
30	Tue	6:25	9.3	6:50	8.8	12:13	0.8	12:50	1.1	6:52	4:01	