

Newcastle, ME - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:29	9.1	3:42	9.1	9:43	1.0	10:07	0.4	7:13	4:10	
2	Mon	4:17	9.2	4:37	8.9	10:36	0.9	10:58	0.4	7:13	4:11	
3	Tue	5:09	9.5	5:36	8.9	11:34	0.6	11:53	0.4	7:13	4:12	
4	Wed	6:05	9.8	6:39	9.0			12:36	0.3	7:12	4:13	
5	Thu	7:04	10.3	7:44	9.2	12:52	0.3	1:39	-0.2	7:12	4:14	
6	Fri	8:04	10.8	8:45	9.6	1:53	0.1	2:40	-0.8	7:12	4:15	
7	Sat	9:01	11.3	9:42	10.0	2:52	-0.3	3:37	-1.4	7:12	4:16	
8	Sun	9:57	11.7	10:38	10.4	3:48	-0.7	4:31	-1.8	7:12	4:17	
9	Mon	10:52	12.0	11:32	10.6	4:43	-1.0	5:25	-2.1	7:12	4:18	
10	Tue	11:46	12.0			5:38	-1.1	6:17	-2.1	7:11	4:19	
11	Wed	12:25	10.7	12:39	11.8	6:32	-1.1	7:08	-1.9	7:11	4:20	
12	Thu	1:17	10.7	1:32	11.4	7:26	-0.9	8:00	-1.5	7:11	4:21	
13	Fri	2:09	10.5	2:27	10.7	8:21	-0.6	8:52	-1.0	7:10	4:23	
14	Sat	3:04	10.2	3:24	10.0	9:19	-0.2	9:47	-0.4	7:10	4:24	
15	Sun	4:00	9.9	4:24	9.4	10:19	0.2	10:42	0.2	7:09	4:25	
16	Mon	4:56	9.6	5:24	8.8	11:21	0.6	11:40	0.7	7:09	4:26	
17	Tue	5:53	9.4	6:26	8.5			12:25	0.8	7:08	4:27	
18	Wed	6:51	9.3	7:28	8.3	12:39	1.1	1:27	0.8	7:08	4:29	
19	Thu	7:47	9.3	8:24	8.3	1:38	1.3	2:25	0.7	7:07	4:30	
20	Fri	8:38	9.4	9:13	8.5	2:31	1.3	3:14	0.5	7:06	4:31	
21	Sat	9:23	9.6	9:58	8.6	3:19	1.1	3:58	0.2	7:05	4:33	
22	Sun	10:05	9.8	10:39	8.8	4:01	1.0	4:38	0.1	7:05	4:34	
23	Mon	10:45	9.9	11:17	9.0	4:40	0.8	5:15	-0.1	7:04	4:35	
24	Tue	11:22	10.0	11:53	9.1	5:16	0.7	5:49	-0.2	7:03	4:37	
25	Wed	11:57	10.0			5:52	0.6	6:21	-0.3	7:02	4:38	
26	Thu	12:27	9.2	12:31	10.0	6:28	0.5	6:55	-0.3	7:01	4:39	
27	Fri	1:00	9.3	1:07	9.9	7:04	0.4	7:29	-0.3	7:00	4:41	
28	Sat	1:34	9.4	1:45	9.7	7:44	0.3	8:07	-0.2	6:59	4:42	
29	Sun	2:12	9.5	2:27	9.5	8:27	0.3	8:49	-0.1	6:58	4:43	
30	Mon	2:54	9.6	3:15	9.3	9:15	0.3	9:36	0.1	6:57	4:45	
31	Tue	3:42	9.7	4:09	9.0	10:08	0.3	10:27	0.3	6:56	4:46	