

Newcastle, ME - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:16	10.1	3:51	9.2	9:47	-0.2	10:05	0.3	6:15	5:25	
2	Thu	4:12	10.0	4:53	8.9	10:46	0.0	11:05	0.5	6:13	5:27	
3	Fri	5:15	10.0	6:01	8.8	11:51	0.0			6:11	5:28	
4	Sat	6:23	10.0	7:11	9.0	12:10	0.6	1:01	-0.1	6:09	5:29	
5	Sun	7:32	10.3	8:17	9.4	1:20	0.4	2:08	-0.4	6:08	5:31	
6	Mon	8:37	10.6	9:16	9.9	2:26	0.0	3:09	-0.8	6:06	5:32	
7	Tue	9:35	10.9	10:09	10.4	3:26	-0.5	4:03	-1.2	6:04	5:33	
8	Wed	10:28	11.2	10:59	10.7	4:21	-0.9	4:53	-1.4	6:03	5:34	
9	Thu	11:19	11.2	11:46	10.9	5:13	-1.1	5:40	-1.4	6:01	5:36	
10	Fri			12:07	11.0	6:02	-1.2	6:25	-1.1	5:59	5:37	
11	Sat	12:30	10.8	12:54	10.6	6:48	-1.1	7:09	-0.8	5:57	5:38	
12	Sun	1:14	10.6	1:39	10.1	7:34	-0.8	7:52	-0.2	5:55	5:40	
13	Mon	1:57	10.3	2:26	9.6	8:21	-0.4	8:36	0.3	5:54	5:41	
14	Tue	2:42	9.8	3:16	9.0	9:09	0.1	9:23	0.9	5:52	5:42	
15	Wed	3:31	9.4	4:09	8.5	10:01	0.6	10:14	1.4	5:50	5:43	
16	Thu	4:23	9.0	5:05	8.1	10:56	1.0	11:09	1.7	5:48	5:45	
17	Fri	5:20	8.7	6:04	7.9	11:55	1.3			5:46	5:46	
18	Sat	6:19	8.6	7:04	8.0	12:08	1.9	12:56	1.3	5:45	5:47	
19	Sun	7:19	8.7	7:59	8.2	1:10	1.9	1:54	1.2	5:43	5:48	
20	Mon	8:13	8.9	8:47	8.6	2:07	1.6	2:43	0.9	5:41	5:49	
21	Tue	9:00	9.3	9:30	9.0	2:56	1.2	3:26	0.6	5:39	5:51	
22	Wed	9:43	9.6	10:08	9.4	3:39	0.7	4:04	0.2	5:37	5:52	
23	Thu	10:24	9.9	10:45	9.8	4:18	0.3	4:40	-0.1	5:35	5:53	
24	Fri	11:03	10.1	11:21	10.2	4:57	-0.1	5:17	-0.3	5:34	5:54	
25	Sat	11:42	10.2	11:58	10.5	5:37	-0.5	5:54	-0.5	5:32	5:56	
26	Sun			12:22	10.3	6:17	-0.8	6:34	-0.5	5:30	5:57	
27	Mon	12:37	10.7	1:05	10.2	7:00	-1.0	7:16	-0.4	5:28	5:58	
28	Tue	1:18	10.8	1:50	10.0	7:46	-1.0	8:02	-0.2	5:26	5:59	
29	Wed	2:05	10.7	2:42	9.7	8:36	-0.8	8:53	0.0	5:24	6:00	
30	Thu	2:57	10.5	3:40	9.4	9:31	-0.5	9:50	0.3	5:23	6:02	
31	Fri	3:57	10.3	4:44	9.2	10:32	-0.3	10:52	0.6	5:21	6:03	