

Newcastle, ME - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:40	10.6	12:52	11.8	6:46	-0.9	7:24	-1.9	7:12	4:10	
2	Tue	1:33	10.6	1:47	11.5	7:41	-0.8	8:17	-1.6	7:13	4:11	
3	Wed	2:28	10.5	2:45	10.9	8:39	-0.6	9:13	-1.2	7:13	4:12	
4	Thu	3:26	10.3	3:47	10.3	9:40	-0.3	10:11	-0.7	7:13	4:13	
5	Fri	4:26	10.2	4:51	9.8	10:45	0.0	11:11	-0.2	7:12	4:14	
6	Sat	5:27	10.0	5:56	9.3	11:51	0.2			7:12	4:15	
7	Sun	6:28	9.9	7:02	9.0	12:13	0.2	12:59	0.2	7:12	4:16	
8	Mon	7:28	9.9	8:04	8.9	1:16	0.5	2:02	0.1	7:12	4:17	
9	Tue	8:24	10.0	9:00	8.9	2:15	0.7	2:59	0.0	7:12	4:18	
10	Wed	9:14	10.1	9:50	9.0	3:07	0.7	3:48	-0.2	7:11	4:19	
11	Thu	9:59	10.1	10:35	9.0	3:54	0.7	4:33	-0.3	7:11	4:20	
12	Fri	10:41	10.1	11:16	9.1	4:37	0.7	5:14	-0.3	7:11	4:21	
13	Sat	11:21	10.1	11:54	9.1	5:17	0.7	5:52	-0.3	7:10	4:22	
14	Sun	11:58	10.0			5:54	0.7	6:27	-0.2	7:10	4:23	
15	Mon	12:31	9.1	12:33	9.9	6:30	0.7	7:00	-0.1	7:09	4:25	
16	Tue	1:06	9.0	1:09	9.7	7:06	0.8	7:34	0.0	7:09	4:26	
17	Wed	1:40	9.0	1:45	9.5	7:43	0.9	8:09	0.2	7:08	4:27	
18	Thu	2:17	8.9	2:24	9.2	8:23	1.0	8:47	0.4	7:08	4:28	
19	Fri	2:55	8.9	3:07	8.9	9:07	1.1	9:29	0.6	7:07	4:30	
20	Sat	3:38	8.9	3:55	8.6	9:54	1.1	10:14	0.8	7:06	4:31	
21	Sun	4:24	9.0	4:47	8.4	10:46	1.0	11:03	0.9	7:06	4:32	
22	Mon	5:14	9.2	5:45	8.4	11:42	0.9	11:58	0.9	7:05	4:34	
23	Tue	6:10	9.4	6:47	8.5			12:43	0.6	7:04	4:35	
24	Wed	7:09	9.9	7:50	8.8	12:57	0.8	1:45	0.1	7:03	4:36	
25	Thu	8:07	10.4	8:49	9.2	1:57	0.4	2:44	-0.5	7:02	4:38	
26	Fri	9:04	11.0	9:44	9.8	2:55	-0.1	3:39	-1.1	7:01	4:39	
27	Sat	9:58	11.5	10:38	10.3	3:50	-0.6	4:32	-1.7	7:01	4:40	
28	Sun	10:52	11.9	11:30	10.7	4:44	-1.0	5:24	-2.1	7:00	4:42	
29	Mon	11:45	12.0			5:38	-1.3	6:15	-2.2	6:59	4:43	
30	Tue	12:22	10.9	12:38	11.9	6:31	-1.4	7:05	-2.1	6:58	4:44	
31	Wed	1:13	11.0	1:31	11.5	7:25	-1.3	7:56	-1.8	6:57	4:46	