

Newcastle, ME - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:31	8.6	5:57	9.3	11:45	1.1			5:25	8:03	
2	Thu	6:24	8.5	6:47	9.5	12:22	1.2	12:35	1.2	5:26	8:01	
3	Fri	7:21	8.5	7:42	9.8	1:18	1.0	1:30	1.1	5:27	8:00	
4	Sat	8:21	8.7	8:39	10.3	2:18	0.7	2:28	0.9	5:29	7:59	
5	Sun	9:20	9.0	9:35	10.8	3:16	0.2	3:25	0.5	5:30	7:58	
6	Mon	10:15	9.5	10:30	11.3	4:11	-0.4	4:21	0.1	5:31	7:56	
7	Tue	11:09	10.0	11:23	11.7	5:04	-1.0	5:15	-0.4	5:32	7:55	
8	Wed			12:02	10.5	5:56	-1.4	6:09	-0.8	5:33	7:54	
9	Thu	12:17	11.9	12:54	10.9	6:47	-1.7	7:03	-1.1	5:34	7:52	
10	Fri	1:11	12.0	1:46	11.1	7:38	-1.8	7:57	-1.1	5:35	7:51	
11	Sat	2:04	11.8	2:38	11.2	8:29	-1.6	8:53	-1.0	5:36	7:49	
12	Sun	2:59	11.3	3:32	11.1	9:21	-1.3	9:51	-0.8	5:38	7:48	
13	Mon	3:57	10.8	4:29	10.8	10:16	-0.8	10:51	-0.4	5:39	7:46	
14	Tue	4:58	10.1	5:27	10.6	11:13	-0.2	11:54	-0.1	5:40	7:45	
15	Wed	6:01	9.6	6:27	10.3			12:13	0.4	5:41	7:43	
16	Thu	7:05	9.1	7:29	10.0	12:59	0.2	1:15	0.8	5:42	7:42	
17	Fri	8:09	8.9	8:30	9.9	2:05	0.4	2:18	1.1	5:43	7:40	
18	Sat	9:10	8.8	9:26	9.9	3:07	0.4	3:18	1.1	5:44	7:39	
19	Sun	10:03	8.9	10:16	10.0	4:02	0.3	4:10	1.1	5:46	7:37	
20	Mon	10:51	9.0	11:02	10.1	4:50	0.2	4:57	1.0	5:47	7:35	
21	Tue	11:34	9.2	11:43	10.1	5:33	0.2	5:39	0.9	5:48	7:34	
22	Wed			12:13	9.3	6:12	0.1	6:18	0.8	5:49	7:32	
23	Thu	12:22	10.1	12:50	9.4	6:48	0.2	6:55	0.7	5:50	7:31	
24	Fri	12:59	10.0	1:25	9.4	7:21	0.2	7:30	0.7	5:51	7:29	
25	Sat	1:34	9.9	1:58	9.5	7:53	0.3	8:06	0.7	5:52	7:27	
26	Sun	2:09	9.7	2:31	9.5	8:26	0.4	8:43	0.8	5:54	7:26	
27	Mon	2:45	9.4	3:06	9.4	9:01	0.6	9:22	0.8	5:55	7:24	
28	Tue	3:24	9.2	3:44	9.4	9:39	0.8	10:06	0.9	5:56	7:22	
29	Wed	4:08	8.9	4:27	9.5	10:22	1.0	10:54	0.9	5:57	7:20	
30	Thu	4:56	8.7	5:16	9.5	11:09	1.1	11:47	0.9	5:58	7:19	
31	Fri	5:50	8.6	6:10	9.7			12:01	1.1	5:59	7:17	