

Newcastle, ME - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:14	10.5	8:40	10.6	2:04	-0.4	2:34	-0.5	6:14	4:29	
2	Fri	9:07	11.1	9:36	10.9	2:59	-0.7	3:30	-1.0	6:15	4:27	
3	Sat	9:58	11.5	10:29	10.9	3:51	-0.9	4:24	-1.4	6:16	4:26	
4	Sun	10:48	11.7	11:21	10.9	4:41	-0.9	5:15	-1.6	6:18	4:25	
5	Mon	11:36	11.6			5:30	-0.8	6:05	-1.6	6:19	4:24	
6	Tue	12:12	10.6	12:24	11.4	6:18	-0.5	6:54	-1.3	6:20	4:22	
7	Wed	1:01	10.3	1:11	11.0	7:07	0.0	7:43	-0.9	6:22	4:21	
8	Thu	1:52	9.8	2:01	10.5	7:56	0.5	8:34	-0.3	6:23	4:20	
9	Fri	2:44	9.4	2:53	9.9	8:48	1.0	9:28	0.2	6:24	4:19	
10	Sat	3:39	9.0	3:49	9.4	9:43	1.4	10:23	0.6	6:26	4:17	
11	Sun	4:35	8.7	4:47	9.0	10:42	1.7	11:19	1.0	6:27	4:16	
12	Mon	5:31	8.6	5:45	8.8	11:41	1.8			6:28	4:15	
13	Tue	6:26	8.7	6:43	8.7	12:15	1.2	12:41	1.7	6:30	4:14	
14	Wed	7:18	8.9	7:38	8.8	1:09	1.2	1:38	1.5	6:31	4:13	
15	Thu	8:06	9.2	8:27	8.9	1:59	1.1	2:28	1.1	6:32	4:12	
16	Fri	8:48	9.5	9:12	9.1	2:42	1.0	3:12	0.7	6:34	4:11	
17	Sat	9:27	9.8	9:54	9.2	3:22	0.8	3:51	0.4	6:35	4:10	
18	Sun	10:04	10.1	10:34	9.4	3:59	0.7	4:29	0.0	6:36	4:09	
19	Mon	10:40	10.3	11:13	9.4	4:35	0.6	5:07	-0.2	6:37	4:09	
20	Tue	11:17	10.5	11:52	9.5	5:13	0.5	5:45	-0.4	6:39	4:08	
21	Wed	11:55	10.6			5:52	0.4	6:26	-0.6	6:40	4:07	
22	Thu	12:32	9.5	12:36	10.7	6:34	0.4	7:08	-0.6	6:41	4:06	
23	Fri	1:15	9.5	1:20	10.6	7:19	0.5	7:55	-0.6	6:43	4:05	
24	Sat	2:02	9.4	2:10	10.5	8:08	0.5	8:45	-0.5	6:44	4:05	
25	Sun	2:55	9.4	3:06	10.3	9:02	0.6	9:40	-0.3	6:45	4:04	
26	Mon	3:53	9.4	4:07	10.0	10:02	0.7	10:39	-0.2	6:46	4:04	
27	Tue	4:54	9.6	5:12	9.9	11:06	0.6	11:40	-0.1	6:47	4:03	
28	Wed	5:56	9.8	6:19	9.8			12:13	0.4	6:49	4:02	
29	Thu	6:57	10.2	7:26	9.9	12:42	-0.1	1:20	0.0	6:50	4:02	
30	Fri	7:56	10.6	8:28	10.0	1:44	-0.2	2:23	-0.5	6:51	4:02	