

Newcastle, ME - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:17	10.8	10:55	9.6	4:10	0.1	4:51	-0.9	7:12	4:10	
2	Wed	11:03	10.8	11:41	9.5	4:57	0.2	5:37	-0.9	7:13	4:10	
3	Thu	11:47	10.6			5:42	0.3	6:19	-0.7	7:13	4:11	
4	Fri	12:24	9.4	12:29	10.4	6:25	0.5	7:00	-0.5	7:13	4:12	
5	Sat	1:05	9.2	1:09	10.1	7:06	0.7	7:39	-0.2	7:12	4:13	
6	Sun	1:46	9.1	1:50	9.7	7:48	0.9	8:19	0.1	7:12	4:14	
7	Mon	2:27	8.9	2:33	9.3	8:31	1.1	9:00	0.5	7:12	4:15	
8	Tue	3:11	8.8	3:20	8.9	9:18	1.3	9:43	0.8	7:12	4:16	
9	Wed	3:56	8.7	4:09	8.5	10:07	1.5	10:29	1.1	7:12	4:17	
10	Thu	4:43	8.6	5:02	8.2	10:59	1.6	11:16	1.3	7:11	4:19	
11	Fri	5:32	8.7	5:58	8.0	11:54	1.5			7:11	4:20	
12	Sat	6:23	8.8	6:56	8.0	12:07	1.4	12:51	1.3	7:11	4:21	
13	Sun	7:15	9.1	7:52	8.2	1:01	1.4	1:48	1.0	7:10	4:22	
14	Mon	8:06	9.5	8:44	8.5	1:54	1.2	2:40	0.5	7:10	4:23	
15	Tue	8:54	10.0	9:32	8.9	2:44	0.9	3:27	-0.1	7:10	4:24	
16	Wed	9:40	10.5	10:19	9.3	3:32	0.5	4:14	-0.7	7:09	4:26	
17	Thu	10:27	11.0	11:06	9.7	4:20	0.0	5:00	-1.2	7:08	4:27	
18	Fri	11:14	11.3	11:53	10.1	5:08	-0.4	5:46	-1.5	7:08	4:28	
19	Sat			12:03	11.5	5:57	-0.7	6:33	-1.7	7:07	4:29	
20	Sun	12:40	10.3	12:52	11.5	6:47	-0.8	7:21	-1.7	7:07	4:31	
21	Mon	1:29	10.5	1:44	11.2	7:39	-0.8	8:11	-1.5	7:06	4:32	
22	Tue	2:20	10.5	2:39	10.8	8:34	-0.7	9:04	-1.2	7:05	4:33	
23	Wed	3:16	10.4	3:39	10.2	9:33	-0.5	10:00	-0.7	7:04	4:35	
24	Thu	4:14	10.3	4:42	9.7	10:36	-0.2	10:59	-0.2	7:03	4:36	
25	Fri	5:15	10.1	5:49	9.2	11:42	-0.1			7:03	4:37	
26	Sat	6:18	10.0	6:57	9.0	12:02	0.2	12:51	0.0	7:02	4:39	
27	Sun	7:21	10.0	8:03	8.9	1:07	0.5	1:58	-0.1	7:01	4:40	
28	Mon	8:21	10.1	9:01	9.0	2:11	0.6	2:58	-0.3	7:00	4:41	
29	Tue	9:15	10.2	9:54	9.1	3:08	0.6	3:50	-0.4	6:59	4:43	
30	Wed	10:04	10.3	10:41	9.2	3:58	0.5	4:38	-0.5	6:58	4:44	
31	Thu	10:49	10.3	11:24	9.3	4:44	0.4	5:21	-0.5	6:57	4:45	