

Newcastle, ME - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:40	8.6	6:11	7.7			12:09	1.6	7:12	4:10	
2	Mon	6:30	8.7	7:10	7.6	12:14	1.8	1:07	1.5	7:13	4:11	
3	Tue	7:22	9.0	8:06	7.8	1:08	1.9	2:02	1.1	7:12	4:12	
4	Wed	8:12	9.3	8:56	8.0	2:01	1.8	2:52	0.7	7:12	4:13	
5	Thu	8:59	9.7	9:43	8.3	2:50	1.5	3:39	0.2	7:12	4:14	
6	Fri	9:45	10.2	10:28	8.7	3:36	1.1	4:23	-0.2	7:12	4:15	
7	Sat	10:30	10.6	11:13	9.0	4:22	0.7	5:07	-0.6	7:12	4:16	
8	Sun	11:16	10.9	11:57	9.4	5:09	0.4	5:51	-1.0	7:12	4:17	
9	Mon			12:03	11.1	5:56	0.0	6:36	-1.2	7:12	4:18	
10	Tue	12:42	9.7	12:50	11.1	6:44	-0.2	7:21	-1.3	7:11	4:19	
11	Wed	1:28	10.0	1:39	10.9	7:35	-0.3	8:08	-1.2	7:11	4:21	
12	Thu	2:16	10.2	2:32	10.5	8:29	-0.3	8:58	-0.9	7:10	4:22	
13	Fri	3:08	10.2	3:30	10.0	9:26	-0.2	9:50	-0.4	7:10	4:23	
14	Sat	4:03	10.2	4:32	9.4	10:27	-0.1	10:46	0.1	7:10	4:24	
15	Sun	5:01	10.1	5:37	8.9	11:32	0.0	11:46	0.6	7:09	4:25	
16	Mon	6:02	10.0	6:46	8.6			12:40	0.1	7:09	4:27	
17	Tue	7:06	10.0	7:55	8.5	12:51	0.9	1:49	0.0	7:08	4:28	
18	Wed	8:09	10.0	8:56	8.6	1:56	1.0	2:51	-0.1	7:07	4:29	
19	Thu	9:06	10.1	9:51	8.7	2:57	1.0	3:47	-0.3	7:07	4:30	
20	Fri	9:59	10.3	10:41	8.8	3:51	0.8	4:37	-0.4	7:06	4:32	
21	Sat	10:47	10.3	11:26	9.0	4:40	0.7	5:23	-0.4	7:05	4:33	
22	Sun	11:31	10.3			5:25	0.6	6:04	-0.4	7:04	4:34	
23	Mon	12:07	9.0	12:12	10.1	6:07	0.6	6:42	-0.3	7:04	4:36	
24	Tue	12:45	9.1	12:50	9.9	6:47	0.7	7:17	0.0	7:03	4:37	
25	Wed	1:21	9.1	1:28	9.5	7:26	0.8	7:51	0.2	7:02	4:38	
26	Thu	1:56	9.0	2:07	9.1	8:06	0.9	8:26	0.6	7:01	4:40	
27	Fri	2:33	8.9	2:48	8.7	8:48	1.1	9:04	0.9	7:00	4:41	
28	Sat	3:12	8.8	3:34	8.2	9:33	1.2	9:45	1.3	6:59	4:42	
29	Sun	3:55	8.7	4:23	7.8	10:21	1.4	10:30	1.6	6:58	4:44	
30	Mon	4:41	8.7	5:18	7.5	11:14	1.5	11:19	1.9	6:57	4:45	
31	Tue	5:33	8.6	6:19	7.4			12:12	1.4	6:56	4:46	