

































## Newcastle, ME - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:46	8.8	5:34	7.4	11:26	1.3	11:34	2.0	6:14	5:26	
2	Thu	5:46	8.8	6:40	7.5			12:30	1.2	6:12	5:27	
3	Fri	6:52	9.1	7:44	7.9	12:38	1.8	1:36	0.8	6:11	5:28	
4	Sat	7:55	9.7	8:40	8.6	1:43	1.4	2:34	0.2	6:09	5:30	
5	Sun	8:52	10.3	9:30	9.3	2:42	0.7	3:26	-0.4	6:07	5:31	
6	Mon	9:45	10.8	10:18	10.1	3:37	-0.1	4:13	-1.0	6:05	5:32	
7	Tue	10:36	11.2	11:05	10.8	4:29	-0.8	5:00	-1.4	6:04	5:34	
8	Wed	11:26	11.4	11:51	11.3	5:20	-1.4	5:46	-1.6	6:02	5:35	
9	Thu			12:16	11.3	6:10	-1.8	6:32	-1.5	6:00	5:36	
10	Fri	12:38	11.5	1:07	11.0	7:01	-1.8	7:20	-1.2	5:58	5:37	
11	Sat	1:25	11.5	1:59	10.4	7:53	-1.6	8:09	-0.6	5:57	5:39	
12	Sun	2:16	11.1	2:56	9.7	8:48	-1.1	9:03	0.1	5:55	5:40	
13	Mon	3:11	10.6	3:58	9.0	9:48	-0.5	10:02	0.7	5:53	5:41	
14	Tue	4:13	10.0	5:04	8.5	10:54	0.1	11:07	1.3	5:51	5:42	
15	Wed	5:20	9.5	6:14	8.2			12:04	0.5	5:49	5:44	
16	Thu	6:31	9.2	7:23	8.2	12:18	1.6	1:16	0.7	5:48	5:45	
17	Fri	7:40	9.2	8:24	8.4	1:30	1.6	2:20	0.7	5:46	5:46	
18	Sat	8:38	9.3	9:15	8.7	2:33	1.4	3:13	0.5	5:44	5:47	
19	Sun	9:29	9.4	9:58	9.0	3:25	1.0	3:57	0.4	5:42	5:49	
20	Mon	10:12	9.5	10:37	9.3	4:10	0.7	4:36	0.3	5:40	5:50	
21	Tue	10:52	9.5	11:12	9.5	4:51	0.5	5:10	0.3	5:38	5:51	
22	Wed	11:29	9.5	11:44	9.6	5:27	0.3	5:42	0.4	5:37	5:52	
23	Thu			12:04	9.3	6:02	0.2	6:12	0.6	5:35	5:54	
24	Fri	12:14	9.7	12:38	9.1	6:35	0.2	6:42	0.8	5:33	5:55	
25	Sat	12:44	9.7	1:12	8.9	7:08	0.2	7:15	1.0	5:31	5:56	
26	Sun	1:15	9.6	1:47	8.6	7:43	0.4	7:49	1.2	5:29	5:57	
27	Mon	1:50	9.4	2:27	8.3	8:22	0.6	8:29	1.5	5:27	5:58	
28	Tue	2:30	9.3	3:12	8.0	9:06	0.8	9:14	1.7	5:26	6:00	
29	Wed	3:17	9.1	4:04	7.8	9:57	0.9	10:06	1.9	5:24	6:01	
30	Thu	4:12	9.1	5:03	7.8	10:54	1.0	11:05	1.8	5:22	6:02	
31	Fri	5:14	9.1	6:06	8.0	11:55	0.9			5:20	6:03	