US HARBORS www.USHarbors.com

Newcastle, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:36	11.0	2:07	10.1	8:03	-1.2	8:19	-0.5	6:14	5:26	
2	Fri	2:25	10.8	3:02	9.6	8:57	-0.9	9:12	0.0	6:13	5:27	
3	Sat	3:20	10.5	4:04	9.0	9:57	-0.4	10:11	0.6	6:11	5:28	
4	Sun	4:22	10.1	5:13	8.5	11:02	0.0	11:16	1.0	6:09	5:29	
5	Mon	5:31	9.8	6:26	8.3			12:14	0.3	6:08	5:31	
6	Tue	6:44	9.6	7:37	8.4	12:28	1.2	1:28	0.3	6:06	5:32	
7	Wed	7:54	9.7	8:40	8.7	1:42	1.1	2:34	0.1	6:04	5:33	
8	Thu	8:55	9.9	9:33	9.1	2:47	0.8	3:29	-0.1	6:02	5:35	
9	Fri	9:48	10.1	10:20	9.5	3:42	0.4	4:17	-0.3	6:01	5:36	
10	Sat	10:36	10.2	11:02	9.8	4:31	0.1	4:59	-0.3	5:59	5:37	
11	Sun	11:19	10.1	11:40	9.9	5:15	-0.1	5:38	-0.2	5:57	5:38	
12	Mon	11:59	9.9			5:56	-0.2	6:13	0.0	5:55	5:40	
13	Tue	12:15	9.9	12:37	9.6	6:34	-0.2	6:47	0.3	5:53	5:41	
14	Wed	12:49	9.9	1:14	9.3	7:11	0.0	7:21	0.6	5:52	5:42	
15	Thu	1:23	9.7	1:52	8.9	7:48	0.2	7:56	1.0	5:50	5:43	
16	Fri	1:58	9.4	2:32	8.4	8:27	0.5	8:34	1.4	5:48	5:45	
17	Sat	2:38	9.2	3:17	8.0	9:11	0.9	9:18	1.7	5:46	5:46	
18	Sun	3:23	8.9	4:08	7.7	9:59	1.2	10:06	2.0	5:44	5:47	
19	Mon	4:14	8.6	5:04	7.5	10:53	1.4	11:00	2.2	5:43	5:48	
20	Tue	5:12	8.6	6:04	7.5	11:52	1.5			5:41	5:50	
21	Wed	6:13	8.6	7:05	7.7	12:00	2.2	12:53	1.3	5:39	5:51	
22	Thu	7:14	8.9	7:59	8.2	1:03	1.9	1:51	1.0	5:37	5:52	
23	Fri	8:10	9.4	8:47	8.9	2:02	1.4	2:41	0.4	5:35	5:53	
24	Sat	9:01	9.9	9:31	9.6	2:55	0.7	3:26	-0.1	5:33	5:55	
25	Sun	9:49	10.3	10:13	10.4	3:43	-0.1	4:09	-0.6	5:32	5:56	
26	Mon	10:36	10.7	10:56	11.0	4:31	-0.8	4:52	-0.9	5:30	5:57	
27	Tue	11:24	10.8	11:41	11.4	5:18	-1.4	5:36	-1.0	5:28	5:58	
28	Wed			12:12	10.8	6:06	-1.7	6:22	-1.0	5:26	5:59	
29	Thu	12:26	11.6	1:01	10.5	6:55	-1.8	7:10	-0.7	5:24	6:01	
30	Fri	1:14	11.5	1:54	10.1	7:47	-1.5	8:00	-0.3	5:22	6:02	
31	Sat	2:06	11.2	2:51	9.6	8:43	-1.1	8:56	0.3	5:21	6:03	