








Newcastle, ME - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:04	10.6	4:55	9.1	10:44	-0.5	10:58	0.8	6:19	7:04	
2	Mon	5:10	10.1	6:04	8.7	11:51	0.0			6:17	7:05	
3	Tue	6:20	9.7	7:14	8.6	12:07	1.2	1:01	0.3	6:15	7:07	
4	Wed	7:32	9.5	8:21	8.7	1:20	1.3	2:11	0.5	6:13	7:08	
5	Thu	8:40	9.5	9:20	9.1	2:32	1.2	3:13	0.4	6:12	7:09	
6	Fri	9:39	9.5	10:11	9.4	3:35	0.9	4:06	0.3	6:10	7:10	
7	Sat	10:31	9.6	10:55	9.7	4:28	0.5	4:51	0.3	6:08	7:12	
8	Sun	11:17	9.6	11:34	9.9	5:14	0.2	5:32	0.3	6:06	7:13	
9	Mon	11:59	9.5			5:56	0.0	6:09	0.5	6:05	7:14	
10	Tue	12:10	10.0	12:38	9.4	6:35	-0.1	6:43	0.6	6:03	7:15	
11	Wed	12:44	10.0	1:15	9.2	7:11	-0.1	7:16	0.9	6:01	7:16	
12	Thu	1:17	9.9	1:51	9.0	7:46	0.0	7:50	1.1	5:59	7:18	
13	Fri	1:51	9.8	2:27	8.7	8:21	0.2	8:25	1.4	5:58	7:19	
14	Sat	2:26	9.6	3:06	8.4	8:58	0.5	9:03	1.6	5:56	7:20	
15	Sun	3:04	9.4	3:48	8.1	9:40	0.7	9:45	1.8	5:54	7:21	
16	Mon	3:48	9.1	4:36	7.9	10:26	1.0	10:33	2.0	5:52	7:22	
17	Tue	4:37	9.0	5:28	7.9	11:16	1.1	11:26	2.1	5:51	7:24	
18	Wed	5:32	8.9	6:22	8.0			12:09	1.2	5:49	7:25	
19	Thu	6:30	8.9	7:18	8.3	12:23	2.0	1:05	1.1	5:48	7:26	
20	Fri	7:30	9.1	8:13	8.8	1:24	1.7	2:01	0.8	5:46	7:27	
21	Sat	8:30	9.4	9:04	9.6	2:25	1.1	2:54	0.4	5:44	7:28	
22	Sun	9:26	9.8	9:51	10.3	3:22	0.4	3:44	0.0	5:43	7:30	
23	Mon	10:19	10.2	10:38	11.0	4:15	-0.4	4:32	-0.4	5:41	7:31	
24	Tue	11:10	10.5	11:25	11.6	5:06	-1.1	5:20	-0.6	5:39	7:32	
25	Wed			12:02	10.6	5:56	-1.7	6:09	-0.7	5:38	7:33	
26	Thu	12:14	11.9	12:54	10.6	6:47	-1.9	6:59	-0.6	5:36	7:34	
27	Fri	1:04	12.0	1:47	10.4	7:39	-1.9	7:50	-0.4	5:35	7:36	
28	Sat	1:56	11.7	2:42	10.0	8:33	-1.6	8:44	0.0	5:33	7:37	
29	Sun	2:51	11.3	3:41	9.6	9:30	-1.1	9:43	0.5	5:32	7:38	
30	Mon	3:51	10.8	4:44	9.3	10:31	-0.6	10:47	0.9	5:30	7:39	