

Newcastle, ME - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:56	10.2	5:49	9.1	11:35	-0.1	11:54	1.2	5:29	7:40	
2	Wed	6:04	9.7	6:53	9.0			12:39	0.3	5:28	7:42	
3	Thu	7:11	9.4	7:54	9.1	1:04	1.3	1:42	0.6	5:26	7:43	
4	Fri	8:15	9.2	8:50	9.4	2:12	1.2	2:41	0.7	5:25	7:44	
5	Sat	9:14	9.1	9:39	9.6	3:13	0.9	3:33	0.8	5:23	7:45	
6	Sun	10:06	9.1	10:23	9.8	4:06	0.6	4:19	0.9	5:22	7:46	
7	Mon	10:52	9.0	11:02	9.9	4:52	0.4	4:59	1.0	5:21	7:48	
8	Tue	11:35	9.0	11:39	10.0	5:34	0.2	5:37	1.1	5:20	7:49	
9	Wed			12:15	8.9	6:12	0.1	6:13	1.2	5:18	7:50	
10	Thu	12:15	10.0	12:53	8.9	6:48	0.1	6:48	1.4	5:17	7:51	
11	Fri	12:50	9.9	1:30	8.7	7:24	0.2	7:23	1.5	5:16	7:52	
12	Sat	1:25	9.9	2:07	8.6	7:59	0.3	7:59	1.6	5:15	7:53	
13	Sun	2:01	9.7	2:44	8.4	8:36	0.4	8:37	1.7	5:13	7:54	
14	Mon	2:39	9.6	3:25	8.3	9:15	0.6	9:19	1.8	5:12	7:56	
15	Tue	3:21	9.5	4:09	8.3	9:58	0.7	10:06	1.8	5:11	7:57	
16	Wed	4:08	9.4	4:56	8.4	10:44	0.7	10:57	1.8	5:10	7:58	
17	Thu	4:59	9.3	5:45	8.7	11:33	0.7	11:53	1.6	5:09	7:59	
18	Fri	5:54	9.2	6:37	9.1			12:24	0.7	5:08	8:00	
19	Sat	6:52	9.2	7:29	9.6	12:51	1.3	1:17	0.6	5:07	8:01	
20	Sun	7:53	9.3	8:23	10.2	1:51	0.8	2:12	0.4	5:06	8:02	
21	Mon	8:54	9.6	9:16	10.8	2:51	0.1	3:06	0.2	5:05	8:03	
22	Tue	9:52	9.8	10:07	11.4	3:49	-0.6	4:00	-0.1	5:04	8:04	
23	Wed	10:48	10.0	10:59	11.8	4:43	-1.2	4:53	-0.2	5:04	8:05	
24	Thu	11:43	10.2	11:53	12.0	5:37	-1.6	5:46	-0.3	5:03	8:06	
25	Fri			12:39	10.2	6:31	-1.7	6:40	-0.3	5:02	8:07	
26	Sat	12:47	12.0	1:34	10.1	7:26	-1.7	7:34	-0.1	5:01	8:08	
27	Sun	1:42	11.7	2:29	10.0	8:20	-1.4	8:30	0.2	5:01	8:09	
28	Mon	2:38	11.3	3:26	9.8	9:16	-1.0	9:29	0.5	5:00	8:10	
29	Tue	3:36	10.8	4:26	9.6	10:13	-0.6	10:31	0.8	4:59	8:11	
30	Wed	4:37	10.2	5:25	9.4	11:11	-0.1	11:34	1.1	4:59	8:12	
31	Thu	5:39	9.6	6:22	9.4			12:08	0.4	4:58	8:13	