US HARBORS www.USHarbors.com

Newcastle, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:02**	8.4	**7:26**	9.4	**1:03**	1.3	**1:13**	1.5	4:58	8:24	
2	Mon	**8:01**	8.1	**8:18**	9.3	**2:03**	1.3	**2:06**	1.8	4:59	8:24	
3	Tue	**8:58**	8.0	**9:09**	9.4	**3:00**	1.2	**2:59**	1.9	5:00	8:24	
4	Wed	**9:51**	8.1	**9:56**	9.5	**3:52**	1.0	**3:48**	1.9	5:00	8:24	
5	Thu	**10:38**	8.2	**10:40**	9.7	**4:38**	0.8	**4:33**	1.8	5:01	8:24	
6	Fri	**11:23**	8.3	**11:22**	9.9	**5:21**	0.6	**5:15**	1.7	5:01	8:23	
7	Sat			**12:04**	8.5	**6:01**	0.5	**5:55**	1.6	5:02	8:23	
8	Sun	**12:02**	10.0	**12:44**	8.6	**6:38**	0.3	**6:34**	1.4	5:03	8:22	
9	Mon	**12:40**	10.1	**1:21**	8.8	**7:14**	0.1	**7:13**	1.2	5:04	8:22	
10	Tue	**1:18**	10.2	**1:57**	9.0	**7:50**	0.0	**7:53**	1.1	5:04	8:22	
11	Wed	**1:56**	10.2	**2:33**	9.3	**8:26**	-0.1	**8:35**	0.9	5:05	8:21	
12	Thu	**2:36**	10.1	**3:12**	9.5	**9:04**	-0.1	**9:20**	0.7	5:06	8:20	
13	Fri	**3:20**	10.0	**3:54**	9.8	**9:46**	-0.1	**10:10**	0.6	5:07	8:20	
14	Sat	**4:09**	9.7	**4:41**	10.0	**10:31**	0.1	**11:03**	0.5	5:08	8:19	
15	Sun	**5:02**	9.4	**5:31**	10.3	**11:20**	0.2			5:09	8:19	
16	Mon	**6:00**	9.2	**6:26**	10.4	**12:00**	0.4	**12:13**	0.5	5:09	8:18	
17	Tue	**7:03**	8.9	**7:25**	10.6	**1:01**	0.2	**1:11**	0.6	5:10	8:17	
18	Wed	**8:10**	8.9	**8:29**	10.8	**2:07**	0.1	**2:14**	0.7	5:11	8:16	
19	Thu	**9:17**	9.0	**9:31**	11.0	**3:13**	-0.2	**3:18**	0.6	5:12	8:16	
20	Fri	**10:19**	9.2	**10:31**	11.3	**4:14**	-0.6	**4:19**	0.4	5:13	8:15	
21	Sat	**11:17**	9.5	**11:28**	11.4	**5:12**	-0.8	**5:17**	0.2	5:14	8:14	
22	Sun			**12:12**	9.7	**6:06**	-1.0	**6:13**	0.1	5:15	8:13	
23	Mon	**12:22**	11.4	**1:03**	9.9	**6:57**	-1.1	**7:06**	0.0	5:16	8:12	
24	Tue	**1:14**	11.2	**1:52**	10.0	**7:45**	-0.9	**7:58**	0.1	5:17	8:11	
25	Wed	**2:03**	10.9	**2:38**	10.0	**8:31**	-0.6	**8:48**	0.3	5:18	8:10	
26	Thu	**2:52**	10.3	**3:24**	9.9	**9:16**	-0.2	**9:39**	0.5	5:19	8:09	
27	Fri	**3:41**	9.7	**4:11**	9.7	**10:01**	0.3	**10:31**	0.8	5:20	8:08	
28	Sat	**4:33**	9.1	**4:59**	9.5	**10:47**	0.9	**11:24**	1.1	5:21	8:07	
29	Sun	**5:26**	8.6	**5:48**	9.3	**11:35**	1.4			5:22	8:06	
30	Mon	**6:21**	8.1	**6:39**	9.1	**12:19**	1.3	**12:25**	1.8	5:23	8:05	
31	Tue	**7:19**	7.8	**7:33**	9.0	**1:17**	1.5	**1:19**	2.1	5:25	8:03	