

































Newcastle, ME - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:19	7.7	8:29	9.1	2:18	1.5	2:16	2.2	5:26	8:02	
2	Thu	9:15	7.8	9:22	9.3	3:15	1.4	3:11	2.1	5:27	8:01	
3	Fri	10:05	8.0	10:09	9.6	4:05	1.1	4:00	1.9	5:28	8:00	
4	Sat	10:50	8.3	10:53	9.9	4:49	0.8	4:45	1.6	5:29	7:58	
5	Sun	11:32	8.6	11:34	10.1	5:29	0.5	5:26	1.3	5:30	7:57	
6	Mon			12:11	8.9	6:06	0.2	6:07	0.9	5:31	7:56	
7	Tue	12:13	10.3	12:48	9.3	6:42	-0.1	6:48	0.6	5:32	7:54	
8	Wed	12:53	10.5	1:24	9.7	7:18	-0.3	7:29	0.3	5:33	7:53	
9	Thu	1:32	10.5	2:01	10.0	7:56	-0.4	8:12	0.1	5:35	7:52	
10	Fri	2:14	10.4	2:41	10.3	8:35	-0.4	8:58	-0.1	5:36	7:50	
11	Sat	2:59	10.1	3:24	10.4	9:18	-0.2	9:48	-0.1	5:37	7:49	
12	Sun	3:49	9.8	4:13	10.5	10:05	0.0	10:43	0.0	5:38	7:47	
13	Mon	4:44	9.4	5:07	10.4	10:57	0.4	11:42	0.1	5:39	7:46	
14	Tue	5:45	9.0	6:06	10.4	11:54	0.7			5:40	7:44	
15	Wed	6:51	8.7	7:12	10.3	12:46	0.2	12:56	0.9	5:41	7:43	
16	Thu	8:02	8.7	8:20	10.4	1:55	0.2	2:04	1.0	5:42	7:41	
17	Fri	9:09	8.8	9:25	10.6	3:04	0.1	3:12	0.8	5:44	7:40	
18	Sat	10:10	9.2	10:24	10.8	4:06	-0.2	4:13	0.5	5:45	7:38	
19	Sun	11:05	9.5	11:19	11.0	5:01	-0.5	5:09	0.2	5:46	7:37	
20	Mon	11:55	9.8			5:51	-0.7	6:02	0.0	5:47	7:35	
21	Tue	12:09	10.9	12:41	10.0	6:37	-0.7	6:51	-0.1	5:48	7:33	
22	Wed	12:57	10.7	1:25	10.1	7:20	-0.5	7:37	-0.1	5:49	7:32	
23	Thu	1:42	10.4	2:06	10.1	8:01	-0.2	8:22	0.1	5:51	7:30	
24	Fri	2:25	9.9	2:46	9.9	8:41	0.3	9:07	0.4	5:52	7:28	
25	Sat	3:09	9.4	3:27	9.7	9:21	0.8	9:53	0.7	5:53	7:27	
26	Sun	3:56	8.8	4:11	9.4	10:04	1.2	10:42	1.1	5:54	7:25	
27	Mon	4:46	8.3	5:00	9.1	10:49	1.7	11:34	1.4	5:55	7:23	
28	Tue	5:40	7.9	5:52	8.9	11:39	2.0			5:56	7:22	
29	Wed	6:37	7.7	6:48	8.8	12:30	1.6	12:34	2.3	5:57	7:20	
30	Thu	7:37	7.6	7:48	8.9	1:31	1.7	1:32	2.3	5:58	7:18	
31	Fri	8:35	7.7	8:44	9.1	2:32	1.6	2:32	2.1	6:00	7:16	