

































## Newcastle, ME - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:08	8.7	4:21	8.5	10:20	1.5	10:40	1.0	7:12	4:10	
2	Thu	4:54	8.8	5:14	8.3	11:12	1.4	11:29	1.2	7:12	4:11	
3	Fri	5:44	8.9	6:11	8.2			12:08	1.3	7:12	4:12	
4	Sat	6:36	9.2	7:10	8.3	12:22	1.2	1:06	0.9	7:12	4:13	
5	Sun	7:29	9.6	8:07	8.6	1:17	1.0	2:02	0.4	7:12	4:14	
6	Mon	8:21	10.2	9:00	9.1	2:11	0.7	2:55	-0.2	7:12	4:15	
7	Tue	9:12	10.7	9:51	9.5	3:03	0.3	3:46	-0.8	7:12	4:16	
8	Wed	10:02	11.3	10:41	10.0	3:54	-0.2	4:36	-1.4	7:12	4:17	
9	Thu	10:52	11.6	11:32	10.3	4:45	-0.6	5:25	-1.8	7:11	4:18	
10	Fri	11:44	11.8			5:37	-0.9	6:15	-2.0	7:11	4:19	
11	Sat	12:22	10.6	12:35	11.8	6:29	-1.1	7:05	-2.0	7:11	4:21	
12	Sun	1:13	10.7	1:28	11.6	7:22	-1.1	7:57	-1.8	7:10	4:22	
13	Mon	2:06	10.7	2:24	11.1	8:18	-0.9	8:50	-1.4	7:10	4:23	
14	Tue	3:02	10.6	3:24	10.5	9:18	-0.6	9:47	-0.9	7:10	4:24	
15	Wed	4:01	10.4	4:27	9.9	10:21	-0.3	10:46	-0.3	7:09	4:25	
16	Thu	5:01	10.2	5:32	9.3	11:26	0.0	11:47	0.2	7:08	4:27	
17	Fri	6:03	10.0	6:39	9.0			12:34	0.1	7:08	4:28	
18	Sat	7:05	9.9	7:44	8.8	12:51	0.5	1:40	0.1	7:07	4:29	
19	Sun	8:04	9.9	8:43	8.8	1:54	0.7	2:41	0.0	7:07	4:30	
20	Mon	8:58	10.0	9:35	8.9	2:50	0.7	3:33	-0.1	7:06	4:32	
21	Tue	9:46	10.1	10:21	9.0	3:40	0.7	4:20	-0.3	7:05	4:33	
22	Wed	10:30	10.1	11:04	9.1	4:25	0.6	5:02	-0.3	7:04	4:34	
23	Thu	11:10	10.1	11:43	9.1	5:06	0.6	5:40	-0.3	7:04	4:36	
24	Fri	11:48	10.0			5:45	0.6	6:16	-0.2	7:03	4:37	
25	Sat	12:19	9.2	12:24	9.9	6:21	0.6	6:49	-0.1	7:02	4:38	
26	Sun	12:53	9.2	12:59	9.7	6:56	0.6	7:22	0.0	7:01	4:40	
27	Mon	1:27	9.1	1:35	9.5	7:33	0.7	7:56	0.2	7:00	4:41	
28	Tue	2:02	9.1	2:12	9.2	8:11	0.8	8:32	0.4	6:59	4:42	
29	Wed	2:39	9.0	2:53	8.9	8:53	0.9	9:12	0.6	6:58	4:44	
30	Thu	3:20	9.0	3:39	8.6	9:38	1.0	9:56	0.8	6:57	4:45	
31	Fri	4:05	9.0	4:30	8.3	10:29	1.0	10:44	1.0	6:56	4:47	