

































## Newcastle, ME - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:30	8.5	3:36	8.8	9:35	1.6	10:02	0.8	7:12	4:10	
2	Tue	4:15	8.6	4:26	8.6	10:26	1.5	10:49	0.9	7:12	4:11	
3	Wed	5:02	8.7	5:21	8.4	11:19	1.4	11:38	1.0	7:12	4:12	
4	Thu	5:51	9.0	6:19	8.4			12:16	1.1	7:12	4:13	
5	Fri	6:44	9.4	7:19	8.5	12:31	1.0	1:16	0.6	7:12	4:14	
6	Sat	7:38	9.9	8:18	8.8	1:27	0.8	2:14	0.1	7:12	4:15	
7	Sun	8:32	10.5	9:13	9.2	2:23	0.5	3:09	-0.6	7:12	4:16	
8	Mon	9:24	11.1	10:07	9.6	3:16	0.1	4:02	-1.2	7:12	4:17	
9	Tue	10:17	11.5	11:00	10.0	4:09	-0.3	4:54	-1.6	7:11	4:18	
10	Wed	11:10	11.8	11:53	10.2	5:03	-0.6	5:46	-1.9	7:11	4:20	
11	Thu			12:04	11.9	5:56	-0.8	6:38	-2.0	7:11	4:21	
12	Fri	12:46	10.4	12:58	11.7	6:50	-0.8	7:30	-1.8	7:10	4:22	
13	Sat	1:39	10.4	1:53	11.3	7:46	-0.7	8:24	-1.5	7:10	4:23	
14	Sun	2:34	10.3	2:51	10.7	8:44	-0.4	9:19	-1.0	7:09	4:24	
15	Mon	3:31	10.1	3:52	10.1	9:46	-0.1	10:16	-0.5	7:09	4:25	
16	Tue	4:30	10.0	4:56	9.5	10:50	0.2	11:15	0.1	7:08	4:27	
17	Wed	5:29	9.8	6:00	9.0	11:55	0.4			7:08	4:28	
18	Thu	6:28	9.7	7:06	8.7	12:15	0.6	1:02	0.4	7:07	4:29	
19	Fri	7:27	9.6	8:07	8.5	1:16	0.9	2:05	0.3	7:07	4:30	
20	Sat	8:22	9.7	9:02	8.5	2:15	1.1	3:01	0.2	7:06	4:32	
21	Sun	9:12	9.8	9:51	8.6	3:07	1.1	3:49	0.0	7:05	4:33	
22	Mon	9:57	9.8	10:35	8.7	3:53	1.0	4:33	-0.1	7:04	4:34	
23	Tue	10:39	9.9	11:15	8.8	4:35	1.0	5:13	-0.1	7:03	4:36	
24	Wed	11:17	9.9	11:53	8.8	5:14	0.9	5:50	-0.1	7:03	4:37	
25	Thu	11:54	9.9			5:50	0.9	6:24	-0.1	7:02	4:38	
26	Fri	12:28	8.9	12:29	9.8	6:26	0.8	6:57	0.0	7:01	4:40	
27	Sat	1:02	8.9	1:04	9.7	7:01	0.8	7:30	0.1	7:00	4:41	
28	Sun	1:35	8.9	1:39	9.5	7:38	0.9	8:04	0.2	6:59	4:42	
29	Mon	2:10	8.9	2:18	9.2	8:17	0.9	8:41	0.4	6:58	4:44	
30	Tue	2:47	8.9	3:00	9.0	9:00	0.9	9:21	0.6	6:57	4:45	
31	Wed	3:28	9.0	3:48	8.7	9:48	0.9	10:06	0.7	6:56	4:47	