




























## Newcastle, ME - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:52	8.4	7:44	7.5	12:39	2.3	1:38	1.4	6:13	5:26	
2	Tue	7:51	8.7	8:37	7.8	1:41	2.2	2:34	1.1	6:12	5:28	
3	Wed	8:43	9.1	9:23	8.2	2:36	1.8	3:21	0.7	6:10	5:29	
4	Thu	9:29	9.5	10:04	8.6	3:22	1.4	4:01	0.3	6:08	5:30	
5	Fri	10:11	9.9	10:42	9.1	4:04	0.9	4:38	-0.1	6:07	5:32	
6	Sat	10:51	10.2	11:19	9.6	4:45	0.4	5:15	-0.4	6:05	5:33	
7	Sun	11:30	10.4	11:55	10.0	5:25	-0.1	5:51	-0.6	6:03	5:34	
8	Mon			12:11	10.5	6:06	-0.5	6:29	-0.7	6:01	5:35	
9	Tue	12:32	10.4	12:52	10.4	6:49	-0.8	7:08	-0.7	5:59	5:37	
10	Wed	1:11	10.6	1:37	10.1	7:34	-0.9	7:51	-0.4	5:58	5:38	
11	Thu	1:54	10.7	2:26	9.7	8:22	-0.8	8:38	-0.1	5:56	5:39	
12	Fri	2:42	10.5	3:22	9.2	9:16	-0.5	9:31	0.4	5:54	5:40	
13	Sat	3:38	10.2	4:25	8.7	10:16	-0.2	10:30	0.9	5:52	5:42	
14	Sun	4:40	9.9	5:34	8.4	11:22	0.1	11:37	1.2	5:50	5:43	
15	Mon	5:50	9.7	6:48	8.4			12:35	0.3	5:49	5:44	
16	Tue	7:04	9.7	7:58	8.6	12:50	1.2	1:48	0.2	5:47	5:45	
17	Wed	8:14	9.9	8:59	9.0	2:03	1.0	2:52	-0.1	5:45	5:47	
18	Thu	9:14	10.2	9:51	9.5	3:06	0.6	3:46	-0.4	5:43	5:48	
19	Fri	10:07	10.4	10:39	9.9	4:01	0.1	4:34	-0.6	5:41	5:49	
20	Sat	10:55	10.5	11:21	10.1	4:50	-0.2	5:18	-0.6	5:40	5:50	
21	Sun	11:40	10.3			5:36	-0.4	5:58	-0.4	5:38	5:52	
22	Mon	12:01	10.2	12:22	10.1	6:18	-0.5	6:35	-0.1	5:36	5:53	
23	Tue	12:38	10.2	1:02	9.7	6:59	-0.3	7:12	0.3	5:34	5:54	
24	Wed	1:14	10.0	1:43	9.2	7:39	-0.1	7:48	0.8	5:32	5:55	
25	Thu	1:50	9.7	2:25	8.7	8:20	0.2	8:27	1.2	5:30	5:56	
26	Fri	2:30	9.4	3:10	8.3	9:03	0.6	9:10	1.7	5:29	5:58	
27	Sat	3:14	9.0	4:01	7.9	9:51	1.0	9:58	2.1	5:27	5:59	
28	Sun	4:05	8.7	4:57	7.6	10:45	1.4	10:52	2.3	5:25	6:00	
29	Mon	5:02	8.5	5:57	7.5	11:43	1.6	11:51	2.4	5:23	6:01	
30	Tue	6:03	8.4	6:58	7.6			12:45	1.5	5:21	6:03	
31	Wed	7:05	8.6	7:53	7.9	12:54	2.3	1:44	1.3	5:20	6:04	