
































Newcastle, ME - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:04	8.8	2:04	9.4	8:07	1.1	8:31	0.3	7:12	4:10	
2	Fri	2:40	8.9	2:52	9.1	8:49	1.1	9:13	0.5	7:12	4:11	
3	Sat	3:22	9.0	3:40	8.9	9:43	1.0	10:01	0.6	7:12	4:12	
4	Sun	4:10	9.2	4:34	8.6	10:31	0.9	10:49	0.8	7:12	4:13	
5	Mon	4:58	9.5	5:34	8.5	11:31	0.7	11:43	0.9	7:12	4:14	
6	Tue	5:58	9.8	6:34	8.4			12:31	0.4	7:12	4:15	
7	Wed	6:58	10.1	7:40	8.6	12:43	0.8	1:37	0.0	7:12	4:16	
8	Thu	7:58	10.6	8:46	9.0	1:49	0.6	2:43	-0.5	7:12	4:17	
9	Fri	8:58	11.0	9:46	9.4	2:49	0.3	3:37	-1.1	7:11	4:18	
10	Sat	9:58	11.5	10:40	9.8	3:43	-0.1	4:37	-1.5	7:11	4:20	
11	Sun	10:52	11.7	11:34	10.1	4:43	-0.5	5:25	-1.8	7:11	4:21	
12	Mon	11:46	11.8			5:37	-0.7	6:19	-1.8	7:10	4:22	
13	Tue	12:28	10.3	12:40	11.6	6:31	-0.8	7:07	-1.7	7:10	4:23	
14	Wed	1:16	10.4	1:34	11.1	7:25	-0.7	8:01	-1.3	7:09	4:24	
15	Thu	2:10	10.3	2:28	10.5	8:19	-0.4	8:49	-0.7	7:09	4:25	
16	Fri	2:58	10.1	3:22	9.8	9:19	-0.1	9:43	-0.1	7:08	4:27	
17	Sat	3:52	9.9	4:22	9.1	10:19	0.3	10:37	0.6	7:08	4:28	
18	Sun	4:46	9.6	5:22	8.5	11:19	0.6	11:31	1.1	7:07	4:29	
19	Mon	5:40	9.3	6:22	8.0			12:19	0.8	7:06	4:31	
20	Tue	6:40	9.1	7:28	7.9	12:31	1.5	1:25	0.9	7:06	4:32	
21	Wed	7:40	9.1	8:22	7.9	1:31	1.7	2:25	0.8	7:05	4:33	
22	Thu	8:34	9.2	9:16	8.0	2:25	1.7	3:13	0.6	7:04	4:34	
23	Fri	9:22	9.4	9:58	8.2	3:13	1.5	4:01	0.4	7:03	4:36	
24	Sat	10:04	9.6	10:40	8.5	4:01	1.3	4:37	0.2	7:03	4:37	
25	Sun	10:40	9.8	11:16	8.7	4:37	1.1	5:13	0.1	7:02	4:38	
26	Mon	11:22	9.9	11:52	8.9	5:13	0.9	5:49	-0.1	7:01	4:40	
27	Tue	11:52	9.9			5:49	0.8	6:19	-0.1	7:00	4:41	
28	Wed	12:28	9.0	12:28	9.9	6:25	0.6	6:55	-0.2	6:59	4:43	
29	Thu	12:58	9.2	1:04	9.8	7:01	0.5	7:25	-0.1	6:58	4:44	
30	Fri	1:28	9.4	1:40	9.5	7:43	0.4	8:01	0.0	6:57	4:45	
31	Sat	2:04	9.5	2:22	9.3	8:25	0.3	8:43	0.2	6:56	4:47	