
































Newcastle, ME - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:41	10.1	10:11	9.4	3:36	0.7	4:08	0.0	6:15	4:28	
2	Mon	10:19	10.5	10:53	9.6	4:15	0.6	4:48	-0.4	6:16	4:26	
3	Tue	10:58	10.8	11:36	9.6	4:55	0.4	5:31	-0.7	6:17	4:25	
4	Wed	11:40	11.0			5:37	0.4	6:15	-0.8	6:19	4:24	
5	Thu	12:21	9.6	12:26	11.0	6:22	0.4	7:02	-0.8	6:20	4:23	
6	Fri	1:08	9.5	1:15	10.9	7:10	0.4	7:53	-0.7	6:21	4:21	
7	Sat	2:00	9.3	2:09	10.7	8:03	0.6	8:48	-0.4	6:23	4:20	
8	Sun	2:58	9.2	3:10	10.4	9:02	0.8	9:48	-0.2	6:24	4:19	
9	Mon	4:01	9.1	4:16	10.0	10:06	0.9	10:51	0.0	6:25	4:18	
10	Tue	5:05	9.3	5:24	9.8	11:15	0.9	11:54	0.2	6:27	4:17	
11	Wed	6:08	9.5	6:32	9.7			12:24	0.7	6:28	4:16	
12	Thu	7:09	9.9	7:37	9.7	12:56	0.2	1:32	0.3	6:29	4:14	
13	Fri	8:05	10.3	8:36	9.7	1:55	0.2	2:32	-0.1	6:31	4:13	
14	Sat	8:56	10.6	9:30	9.7	2:49	0.2	3:26	-0.5	6:32	4:12	
15	Sun	9:43	10.8	10:20	9.7	3:38	0.3	4:16	-0.7	6:33	4:11	
16	Mon	10:28	10.8	11:07	9.6	4:24	0.4	5:02	-0.8	6:34	4:11	
17	Tue	11:11	10.7	11:52	9.4	5:08	0.6	5:47	-0.6	6:36	4:10	
18	Wed	11:54	10.5			5:50	0.8	6:29	-0.4	6:37	4:09	
19	Thu	12:35	9.1	12:35	10.2	6:32	1.0	7:11	-0.1	6:38	4:08	
20	Fri	1:17	8.9	1:16	9.9	7:13	1.3	7:53	0.3	6:40	4:07	
21	Sat	2:00	8.6	2:00	9.6	7:56	1.5	8:36	0.6	6:41	4:06	
22	Sun	2:45	8.4	2:46	9.2	8:43	1.8	9:22	0.9	6:42	4:06	
23	Mon	3:34	8.3	3:36	8.9	9:33	1.9	10:09	1.1	6:43	4:05	
24	Tue	4:23	8.3	4:29	8.6	10:26	2.0	10:56	1.3	6:45	4:04	
25	Wed	5:12	8.4	5:23	8.4	11:20	2.0	11:44	1.4	6:46	4:04	
26	Thu	6:00	8.6	6:18	8.4			12:15	1.7	6:47	4:03	
27	Fri	6:48	8.9	7:12	8.4	12:33	1.4	1:10	1.4	6:48	4:03	
28	Sat	7:34	9.3	8:05	8.6	1:22	1.3	2:02	0.9	6:49	4:02	
29	Sun	8:18	9.8	8:53	8.8	2:09	1.1	2:50	0.3	6:50	4:02	
30	Mon	9:02	10.3	9:40	9.1	2:55	0.9	3:36	-0.2	6:52	4:01	