

































## Newcastle, ME - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:46	10.7	10:27	9.3	3:40	0.6	4:22	-0.7	6:53	4:01	
2	Wed	10:32	11.1	11:15	9.5	4:26	0.3	5:09	-1.0	6:54	4:01	
3	Thu	11:20	11.3			5:14	0.1	5:58	-1.2	6:55	4:00	
4	Fri	12:04	9.7	12:10	11.4	6:04	0.0	6:48	-1.3	6:56	4:00	
5	Sat	12:54	9.7	1:03	11.3	6:56	0.0	7:39	-1.2	6:57	4:00	
6	Sun	1:48	9.7	1:58	11.0	7:51	0.1	8:34	-0.9	6:58	4:00	
7	Mon	2:44	9.7	2:58	10.5	8:51	0.3	9:31	-0.6	6:59	4:00	
8	Tue	3:44	9.7	4:02	10.1	9:55	0.4	10:30	-0.3	7:00	4:00	
9	Wed	4:45	9.8	5:08	9.6	11:01	0.5	11:30	0.1	7:01	3:59	
10	Thu	5:46	9.9	6:15	9.3			12:09	0.4	7:02	3:59	
11	Fri	6:46	10.0	7:21	9.1	12:31	0.4	1:17	0.3	7:03	4:00	
12	Sat	7:43	10.1	8:22	9.0	1:32	0.6	2:19	0.0	7:03	4:00	
13	Sun	8:37	10.3	9:17	9.0	2:28	0.8	3:14	-0.2	7:04	4:00	
14	Mon	9:26	10.4	10:07	9.0	3:20	0.8	4:04	-0.4	7:05	4:00	
15	Tue	10:12	10.4	10:53	9.0	4:07	0.9	4:49	-0.4	7:06	4:00	
16	Wed	10:55	10.3	11:36	8.9	4:51	0.9	5:32	-0.3	7:06	4:00	
17	Thu	11:36	10.2			5:32	1.0	6:12	-0.2	7:07	4:01	
18	Fri	12:16	8.9	12:15	10.1	6:12	1.1	6:50	-0.1	7:08	4:01	
19	Sat	12:55	8.8	12:54	9.9	6:51	1.2	7:27	0.1	7:08	4:02	
20	Sun	1:33	8.7	1:32	9.6	7:30	1.3	8:03	0.3	7:09	4:02	
21	Mon	2:11	8.6	2:12	9.3	8:11	1.4	8:42	0.6	7:09	4:02	
22	Tue	2:51	8.6	2:55	9.0	8:55	1.5	9:22	0.8	7:10	4:03	
23	Wed	3:33	8.6	3:42	8.6	9:42	1.6	10:04	1.0	7:10	4:04	
24	Thu	4:17	8.7	4:32	8.4	10:32	1.5	10:48	1.2	7:11	4:04	
25	Fri	5:02	8.8	5:25	8.2	11:24	1.4	11:36	1.3	7:11	4:05	
26	Sat	5:50	9.0	6:22	8.1			12:20	1.2	7:11	4:05	
27	Sun	6:41	9.4	7:21	8.2	12:28	1.3	1:18	0.8	7:12	4:06	
28	Mon	7:35	9.8	8:18	8.4	1:23	1.2	2:14	0.3	7:12	4:07	
29	Tue	8:28	10.3	9:12	8.8	2:18	0.9	3:08	-0.2	7:12	4:08	
30	Wed	9:20	10.8	10:04	9.2	3:11	0.5	4:00	-0.8	7:12	4:08	
31	Thu	10:12	11.3	10:57	9.7	4:04	0.1	4:51	-1.2	7:12	4:09	