

































Newcastle, ME - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:29	11.6	11:55	11.3	5:22	-1.6	5:50	-1.8	6:14	5:26	
2	Tue			12:20	11.4	6:13	-1.8	6:37	-1.6	6:12	5:27	
3	Wed	12:43	11.4	1:11	11.0	7:04	-1.7	7:24	-1.1	6:11	5:28	
4	Thu	1:30	11.2	2:02	10.3	7:56	-1.4	8:13	-0.5	6:09	5:30	
5	Fri	2:20	10.8	2:57	9.6	8:50	-0.8	9:05	0.2	6:07	5:31	
6	Sat	3:13	10.2	3:55	8.9	9:47	-0.2	10:00	0.9	6:06	5:32	
7	Sun	4:10	9.7	4:57	8.3	10:48	0.4	11:00	1.4	6:04	5:33	
8	Mon	5:12	9.2	6:02	8.0	11:53	0.8			6:02	5:35	
9	Tue	6:17	8.9	7:06	7.9	12:06	1.7	1:01	1.0	6:00	5:36	
10	Wed	7:21	8.8	8:05	8.1	1:13	1.8	2:03	1.0	5:58	5:37	
11	Thu	8:19	9.0	8:56	8.4	2:14	1.6	2:55	0.8	5:57	5:39	
12	Fri	9:08	9.2	9:39	8.7	3:05	1.3	3:39	0.6	5:55	5:40	
13	Sat	9:51	9.4	10:18	9.0	3:49	1.0	4:17	0.5	5:53	5:41	
14	Sun	11:30	9.5	11:53	9.3	5:29	0.7	5:51	0.3	6:51	6:42	
15	Mon			12:07	9.6	6:05	0.4	6:22	0.3	6:50	6:44	
16	Tue	12:25	9.6	12:43	9.5	6:39	0.2	6:53	0.3	6:48	6:45	
17	Wed	12:56	9.7	1:17	9.4	7:13	0.0	7:24	0.4	6:46	6:46	
18	Thu	1:27	9.8	1:51	9.3	7:48	0.0	7:57	0.5	6:44	6:47	
19	Fri	1:59	9.9	2:27	9.1	8:24	-0.1	8:34	0.6	6:42	6:49	
20	Sat	2:35	9.9	3:07	8.9	9:05	0.0	9:15	0.8	6:40	6:50	
21	Sun	3:16	9.8	3:54	8.6	9:51	0.2	10:01	1.0	6:39	6:51	
22	Mon	4:05	9.7	4:48	8.4	10:44	0.3	10:56	1.2	6:37	6:52	
23	Tue	5:02	9.7	5:50	8.3	11:43	0.4	11:56	1.2	6:35	6:53	
24	Wed	6:06	9.6	6:57	8.4			12:47	0.4	6:33	6:55	
25	Thu	7:15	9.7	8:05	8.8	1:03	1.1	1:54	0.2	6:31	6:56	
26	Fri	8:25	10.0	9:08	9.5	2:14	0.7	2:59	-0.2	6:29	6:57	
27	Sat	9:29	10.4	10:03	10.2	3:20	0.1	3:56	-0.6	6:28	6:58	
28	Sun	10:27	10.8	10:55	10.8	4:19	-0.6	4:49	-1.0	6:26	7:00	
29	Mon	11:21	11.0	11:44	11.3	5:14	-1.2	5:38	-1.2	6:24	7:01	
30	Tue			12:13	11.0	6:06	-1.6	6:26	-1.1	6:22	7:02	
31	Wed	12:31	11.5	1:03	10.9	6:57	-1.8	7:13	-0.9	6:20	7:03	