

































## Newcastle, ME - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:02	9.6	3:40	9.0	9:30	0.5	9:44	1.5	4:59	8:24	
2	Fri	3:44	9.2	4:21	9.0	10:08	0.8	10:30	1.6	4:59	8:24	
3	Sat	4:29	8.9	5:03	9.0	10:49	1.0	11:18	1.6	5:00	8:24	
4	Sun	5:17	8.5	5:46	9.1	11:31	1.3			5:00	8:24	
5	Mon	6:07	8.3	6:32	9.2	12:08	1.6	12:16	1.5	5:01	8:24	
6	Tue	7:01	8.1	7:21	9.4	1:00	1.5	1:06	1.6	5:02	8:23	
7	Wed	7:58	8.1	8:14	9.6	1:57	1.3	1:59	1.6	5:02	8:23	
8	Thu	8:56	8.2	9:07	10.0	2:54	0.9	2:54	1.4	5:03	8:22	
9	Fri	9:51	8.5	9:59	10.5	3:48	0.4	3:48	1.1	5:04	8:22	
10	Sat	10:43	8.9	10:50	11.0	4:39	-0.1	4:40	0.7	5:05	8:21	
11	Sun	11:34	9.3	11:42	11.4	5:29	-0.6	5:33	0.3	5:05	8:21	
12	Mon			12:25	9.8	6:19	-1.0	6:26	-0.1	5:06	8:20	
13	Tue	12:34	11.6	1:15	10.2	7:08	-1.3	7:19	-0.3	5:07	8:20	
14	Wed	1:26	11.7	2:05	10.5	7:57	-1.5	8:13	-0.5	5:08	8:19	
15	Thu	2:19	11.5	2:56	10.7	8:47	-1.4	9:08	-0.5	5:09	8:18	
16	Fri	3:13	11.1	3:49	10.8	9:38	-1.1	10:06	-0.4	5:10	8:18	
17	Sat	4:11	10.5	4:45	10.8	10:31	-0.6	11:07	-0.2	5:11	8:17	
18	Sun	5:12	9.9	5:42	10.6	11:27	-0.1			5:12	8:16	
19	Mon	6:15	9.4	6:40	10.4	12:10	0.0	12:25	0.4	5:12	8:15	
20	Tue	7:20	9.0	7:41	10.3	1:15	0.2	1:26	0.9	5:13	8:15	
21	Wed	8:26	8.7	8:42	10.2	2:22	0.3	2:29	1.1	5:14	8:14	
22	Thu	9:27	8.7	9:39	10.2	3:25	0.3	3:30	1.2	5:15	8:13	
23	Fri	10:22	8.7	10:31	10.2	4:21	0.2	4:23	1.2	5:16	8:12	
24	Sat	11:12	8.8	11:18	10.2	5:10	0.1	5:12	1.1	5:17	8:11	
25	Sun	11:57	8.9			5:55	0.1	5:56	1.1	5:18	8:10	
26	Mon	12:01	10.2	12:38	9.0	6:36	0.1	6:37	1.0	5:19	8:09	
27	Tue	12:42	10.1	1:16	9.1	7:12	0.1	7:16	1.0	5:21	8:08	
28	Wed	1:19	10.0	1:51	9.2	7:46	0.2	7:54	1.0	5:22	8:07	
29	Thu	1:55	9.8	2:25	9.2	8:19	0.4	8:31	1.1	5:23	8:06	
30	Fri	2:32	9.5	3:00	9.2	8:52	0.5	9:10	1.1	5:24	8:04	
31	Sat	3:10	9.2	3:35	9.2	9:27	0.8	9:51	1.2	5:25	8:03	