
































Newcastle, ME - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:51	8.9	4:14	9.2	10:05	1.0	10:36	1.3	5:26	8:02	
2	Mon	4:36	8.5	4:57	9.3	10:47	1.3	11:24	1.3	5:27	8:01	
3	Tue	5:25	8.2	5:44	9.3	11:33	1.5			5:28	8:00	
4	Wed	6:18	8.1	6:37	9.4	12:17	1.3	12:24	1.6	5:29	7:58	
5	Thu	7:17	8.0	7:34	9.7	1:15	1.2	1:20	1.5	5:30	7:57	
6	Fri	8:20	8.2	8:35	10.1	2:17	0.9	2:21	1.3	5:31	7:56	
7	Sat	9:20	8.6	9:33	10.6	3:17	0.4	3:21	0.9	5:33	7:54	
8	Sun	10:16	9.1	10:29	11.1	4:13	-0.2	4:18	0.4	5:34	7:53	
9	Mon	11:09	9.7	11:23	11.5	5:05	-0.8	5:14	-0.2	5:35	7:51	
10	Tue			12:00	10.3	5:55	-1.2	6:08	-0.7	5:36	7:50	
11	Wed	12:16	11.8	12:51	10.8	6:45	-1.5	7:02	-1.0	5:37	7:49	
12	Thu	1:09	11.7	1:41	11.2	7:34	-1.6	7:55	-1.2	5:38	7:47	
13	Fri	2:02	11.5	2:31	11.3	8:23	-1.4	8:50	-1.1	5:39	7:46	
14	Sat	2:56	11.0	3:23	11.2	9:13	-1.0	9:46	-0.8	5:40	7:44	
15	Sun	3:53	10.4	4:18	10.9	10:06	-0.4	10:46	-0.4	5:42	7:43	
16	Mon	4:53	9.7	5:16	10.5	11:03	0.2	11:49	0.0	5:43	7:41	
17	Tue	5:56	9.1	6:17	10.2			12:03	0.8	5:44	7:40	
18	Wed	7:01	8.7	7:20	9.9	12:55	0.4	1:06	1.2	5:45	7:38	
19	Thu	8:07	8.5	8:24	9.7	2:02	0.6	2:11	1.4	5:46	7:36	
20	Fri	9:08	8.5	9:22	9.8	3:06	0.6	3:13	1.4	5:47	7:35	
21	Sat	10:02	8.6	10:13	9.8	4:01	0.5	4:07	1.3	5:48	7:33	
22	Sun	10:49	8.8	10:59	9.9	4:49	0.4	4:54	1.1	5:50	7:31	
23	Mon	11:31	9.0	11:40	9.9	5:31	0.3	5:36	1.0	5:51	7:30	
24	Tue			12:09	9.2	6:08	0.3	6:15	0.8	5:52	7:28	
25	Wed	12:18	9.9	12:44	9.3	6:42	0.3	6:52	0.7	5:53	7:26	
26	Thu	12:54	9.8	1:17	9.5	7:13	0.4	7:27	0.7	5:54	7:25	
27	Fri	1:29	9.6	1:48	9.5	7:44	0.5	8:02	0.7	5:55	7:23	
28	Sat	2:04	9.4	2:20	9.5	8:16	0.7	8:38	0.7	5:56	7:21	
29	Sun	2:39	9.1	2:54	9.5	8:50	0.9	9:17	0.8	5:58	7:20	
30	Mon	3:18	8.8	3:32	9.5	9:28	1.1	10:00	0.9	5:59	7:18	
31	Tue	4:01	8.5	4:16	9.4	10:10	1.3	10:49	1.0	6:00	7:16	