

































## Newcastle, ME - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:10	8.9	4:25	8.6	10:23	1.4	10:45	1.0	7:12	4:10	
2	Sat	5:00	8.8	5:20	8.3	11:18	1.5	11:35	1.3	7:12	4:11	
3	Sun	5:51	8.8	6:17	8.1			12:15	1.5	7:12	4:12	
4	Mon	6:43	8.8	7:15	8.0	12:28	1.5	1:14	1.4	7:12	4:13	
5	Tue	7:34	9.1	8:09	8.2	1:21	1.5	2:08	1.1	7:12	4:13	
6	Wed	8:22	9.4	8:58	8.4	2:12	1.4	2:56	0.7	7:12	4:14	
7	Thu	9:06	9.7	9:42	8.7	2:57	1.1	3:39	0.2	7:12	4:16	
8	Fri	9:48	10.1	10:25	9.0	3:40	0.9	4:20	-0.2	7:12	4:17	
9	Sat	10:29	10.4	11:06	9.3	4:22	0.5	5:00	-0.6	7:12	4:18	
10	Sun	11:11	10.7	11:48	9.6	5:05	0.2	5:41	-0.9	7:11	4:19	
11	Mon	11:54	10.9			5:48	-0.1	6:23	-1.1	7:11	4:20	
12	Tue	12:30	9.8	12:38	11.0	6:33	-0.3	7:07	-1.2	7:11	4:21	
13	Wed	1:13	10.0	1:24	10.9	7:21	-0.4	7:52	-1.2	7:10	4:22	
14	Thu	2:00	10.1	2:14	10.7	8:11	-0.4	8:41	-1.0	7:10	4:23	
15	Fri	2:50	10.2	3:09	10.3	9:06	-0.3	9:34	-0.7	7:09	4:25	
16	Sat	3:46	10.2	4:10	9.8	10:05	-0.2	10:30	-0.4	7:09	4:26	
17	Sun	4:44	10.2	5:14	9.4	11:08	-0.1	11:30	0.0	7:08	4:27	
18	Mon	5:45	10.2	6:22	9.2			12:15	-0.1	7:08	4:28	
19	Tue	6:50	10.2	7:30	9.1	12:33	0.2	1:24	-0.2	7:07	4:30	
20	Wed	7:53	10.4	8:34	9.2	1:39	0.3	2:29	-0.4	7:06	4:31	
21	Thu	8:51	10.6	9:31	9.4	2:41	0.2	3:27	-0.7	7:06	4:32	
22	Fri	9:45	10.7	10:23	9.6	3:36	0.1	4:19	-0.9	7:05	4:34	
23	Sat	10:35	10.8	11:11	9.7	4:28	0.0	5:07	-1.0	7:04	4:35	
24	Sun	11:22	10.8	11:56	9.7	5:16	-0.1	5:52	-1.0	7:03	4:36	
25	Mon			12:05	10.6	6:00	0.0	6:33	-0.8	7:02	4:38	
26	Tue	12:38	9.6	12:47	10.3	6:43	0.1	7:13	-0.5	7:01	4:39	
27	Wed	1:18	9.5	1:27	9.9	7:25	0.3	7:51	-0.2	7:00	4:40	
28	Thu	1:57	9.3	2:09	9.5	8:06	0.6	8:30	0.2	6:59	4:42	
29	Fri	2:38	9.2	2:52	9.0	8:50	0.8	9:11	0.6	6:58	4:43	
30	Sat	3:21	9.0	3:40	8.6	9:37	1.1	9:55	1.0	6:57	4:44	
31	Sun	4:06	8.8	4:30	8.2	10:27	1.3	10:41	1.3	6:56	4:46	