

































## Newcastle, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:52	9.8	7:28	8.7	12:38	0.7	1:25	0.4	7:12	4:10	
2	Mon	7:48	9.8	8:27	8.6	1:37	1.0	2:25	0.2	7:12	4:11	
3	Tue	8:39	9.8	9:20	8.6	2:32	1.1	3:18	0.1	7:12	4:12	
4	Wed	9:26	9.9	10:08	8.6	3:21	1.2	4:06	0.0	7:12	4:13	
5	Thu	10:10	9.9	10:51	8.6	4:06	1.2	4:49	-0.1	7:12	4:14	
6	Fri	10:52	9.9	11:32	8.6	4:48	1.2	5:29	0.0	7:12	4:15	
7	Sat	11:31	9.9			5:27	1.2	6:06	0.0	7:12	4:16	
8	Sun	12:09	8.6	12:08	9.8	6:04	1.2	6:42	0.1	7:12	4:17	
9	Mon	12:45	8.6	12:44	9.7	6:40	1.2	7:16	0.2	7:11	4:18	
10	Tue	1:21	8.6	1:20	9.6	7:17	1.2	7:50	0.3	7:11	4:19	
11	Wed	1:56	8.5	1:57	9.3	7:55	1.3	8:26	0.4	7:11	4:20	
12	Thu	2:33	8.6	2:37	9.0	8:37	1.3	9:04	0.6	7:10	4:21	
13	Fri	3:12	8.7	3:22	8.7	9:23	1.3	9:45	0.8	7:10	4:23	
14	Sat	3:54	8.8	4:12	8.4	10:12	1.3	10:30	1.0	7:10	4:24	
15	Sun	4:40	9.0	5:06	8.2	11:05	1.1	11:20	1.1	7:09	4:25	
16	Mon	5:30	9.2	6:06	8.1			12:03	0.9	7:09	4:26	
17	Tue	6:26	9.5	7:10	8.2	12:15	1.2	1:06	0.5	7:08	4:27	
18	Wed	7:25	9.9	8:13	8.5	1:14	1.1	2:08	0.0	7:07	4:29	
19	Thu	8:25	10.5	9:12	8.9	2:15	0.8	3:07	-0.5	7:07	4:30	
20	Fri	9:22	11.0	10:08	9.3	3:13	0.3	4:03	-1.1	7:06	4:31	
21	Sat	10:18	11.4	11:03	9.7	4:09	-0.1	4:57	-1.5	7:05	4:33	
22	Sun	11:13	11.7	11:56	10.1	5:04	-0.5	5:49	-1.8	7:05	4:34	
23	Mon			12:07	11.8	5:59	-0.7	6:40	-1.9	7:04	4:35	
24	Tue	12:47	10.3	1:00	11.6	6:53	-0.8	7:31	-1.7	7:03	4:37	
25	Wed	1:38	10.4	1:54	11.1	7:48	-0.7	8:21	-1.3	7:02	4:38	
26	Thu	2:31	10.3	2:50	10.4	8:45	-0.5	9:14	-0.7	7:01	4:39	
27	Fri	3:25	10.2	3:49	9.7	9:44	-0.2	10:08	-0.1	7:00	4:41	
28	Sat	4:20	9.9	4:51	9.0	10:46	0.2	11:04	0.6	6:59	4:42	
29	Sun	5:17	9.6	5:55	8.5	11:50	0.5			6:58	4:43	
30	Mon	6:16	9.4	7:00	8.1	12:03	1.2	12:56	0.6	6:57	4:45	
31	Tue	7:16	9.2	8:03	8.0	1:05	1.5	2:00	0.6	6:56	4:46	