
































Newcastle, ME - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:07	8.7	9:37	9.0	3:07	1.7	3:30	1.2	5:29	7:41	
2	Tue	9:54	8.9	10:16	9.4	3:54	1.3	4:09	1.0	5:28	7:42	
3	Wed	10:37	9.1	10:52	9.8	4:36	0.8	4:46	0.8	5:26	7:43	
4	Thu	11:19	9.3	11:27	10.2	5:15	0.3	5:23	0.7	5:25	7:44	
5	Fri			12:00	9.4	5:55	-0.2	6:01	0.6	5:23	7:45	
6	Sat	12:04	10.5	12:41	9.4	6:35	-0.5	6:41	0.6	5:22	7:46	
7	Sun	12:43	10.8	1:24	9.4	7:17	-0.7	7:23	0.6	5:21	7:48	
8	Mon	1:25	10.9	2:09	9.3	8:02	-0.7	8:09	0.7	5:20	7:49	
9	Tue	2:11	10.8	2:58	9.2	8:51	-0.6	8:59	0.8	5:18	7:50	
10	Wed	3:02	10.6	3:54	9.0	9:44	-0.4	9:55	1.0	5:17	7:51	
11	Thu	4:00	10.4	4:56	8.9	10:42	-0.2	10:57	1.2	5:16	7:52	
12	Fri	5:04	10.1	6:00	9.0	11:44	0.0			5:15	7:53	
13	Sat	6:12	9.9	7:04	9.3	12:04	1.2	12:48	0.1	5:14	7:54	
14	Sun	7:21	9.8	8:06	9.7	1:14	1.0	1:51	0.1	5:12	7:56	
15	Mon	8:28	9.7	9:03	10.1	2:23	0.7	2:51	0.1	5:11	7:57	
16	Tue	9:29	9.8	9:55	10.5	3:26	0.2	3:46	0.1	5:10	7:58	
17	Wed	10:25	9.8	10:42	10.8	4:22	-0.3	4:35	0.1	5:09	7:59	
18	Thu	11:17	9.8	11:28	10.9	5:13	-0.6	5:22	0.3	5:08	8:00	
19	Fri			12:06	9.7	6:01	-0.8	6:07	0.5	5:07	8:01	
20	Sat	12:11	10.9	12:52	9.5	6:47	-0.8	6:51	0.7	5:06	8:02	
21	Sun	12:54	10.7	1:37	9.3	7:30	-0.6	7:33	1.0	5:05	8:03	
22	Mon	1:36	10.4	2:20	9.0	8:13	-0.3	8:15	1.4	5:04	8:04	
23	Tue	2:18	10.1	3:05	8.7	8:56	0.1	8:59	1.7	5:04	8:05	
24	Wed	3:02	9.7	3:51	8.4	9:41	0.5	9:46	1.9	5:03	8:06	
25	Thu	3:49	9.3	4:40	8.3	10:28	0.8	10:36	2.1	5:02	8:07	
26	Fri	4:40	9.0	5:30	8.2	11:17	1.1	11:29	2.2	5:01	8:08	
27	Sat	5:32	8.8	6:20	8.3			12:05	1.3	5:01	8:09	
28	Sun	6:26	8.6	7:09	8.5	12:24	2.2	12:53	1.4	5:00	8:10	
29	Mon	7:21	8.5	7:57	8.8	1:20	2.0	1:42	1.4	4:59	8:11	
30	Tue	8:16	8.5	8:43	9.2	2:16	1.7	2:30	1.4	4:59	8:12	
31	Wed	9:08	8.6	9:25	9.7	3:07	1.3	3:15	1.3	4:58	8:13	