

































## Newcastle, ME - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:09	8.7	10:16	10.7	4:06	0.2	4:08	1.0	4:59	8:25	
2	Sun	11:02	9.0	11:07	11.1	4:57	-0.3	4:59	0.7	4:59	8:24	
3	Mon	11:54	9.3			5:49	-0.8	5:52	0.4	5:00	8:24	
4	Tue	12:00	11.4	12:47	9.6	6:40	-1.1	6:46	0.2	5:00	8:24	
5	Wed	12:54	11.6	1:40	9.8	7:32	-1.3	7:40	0.0	5:01	8:24	
6	Thu	1:48	11.6	2:33	10.0	8:24	-1.3	8:36	0.0	5:02	8:23	
7	Fri	2:43	11.4	3:28	10.1	9:17	-1.2	9:34	0.1	5:02	8:23	
8	Sat	3:40	11.0	4:24	10.2	10:11	-0.9	10:36	0.2	5:03	8:22	
9	Sun	4:41	10.4	5:21	10.3	11:07	-0.5	11:39	0.3	5:04	8:22	
10	Mon	5:43	9.9	6:18	10.3			12:03	0.0	5:05	8:22	
11	Tue	6:46	9.4	7:15	10.2	12:43	0.4	1:00	0.5	5:05	8:21	
12	Wed	7:51	9.0	8:13	10.2	1:48	0.4	1:59	0.9	5:06	8:20	
13	Thu	8:54	8.7	9:09	10.1	2:52	0.3	2:58	1.2	5:07	8:20	
14	Fri	9:52	8.7	10:01	10.1	3:50	0.2	3:53	1.3	5:08	8:19	
15	Sat	10:45	8.6	10:50	10.1	4:43	0.2	4:43	1.4	5:09	8:19	
16	Sun	11:33	8.7	11:35	10.1	5:31	0.1	5:29	1.4	5:10	8:18	
17	Mon			12:17	8.7	6:15	0.1	6:12	1.4	5:10	8:17	
18	Tue	12:18	10.1	12:58	8.7	6:55	0.2	6:53	1.4	5:11	8:16	
19	Wed	12:57	10.0	1:36	8.7	7:33	0.2	7:31	1.4	5:12	8:16	
20	Thu	1:35	9.9	2:13	8.8	8:08	0.3	8:09	1.4	5:13	8:15	
21	Fri	2:12	9.8	2:48	8.8	8:42	0.4	8:48	1.4	5:14	8:14	
22	Sat	2:49	9.5	3:25	8.9	9:17	0.5	9:28	1.5	5:15	8:13	
23	Sun	3:28	9.3	4:02	9.0	9:53	0.7	10:11	1.5	5:16	8:12	
24	Mon	4:11	9.0	4:41	9.1	10:31	0.9	10:58	1.4	5:17	8:11	
25	Tue	4:57	8.7	5:23	9.2	11:13	1.1	11:47	1.4	5:18	8:10	
26	Wed	5:46	8.4	6:09	9.4	11:58	1.3			5:19	8:09	
27	Thu	6:40	8.2	7:00	9.6	12:40	1.2	12:48	1.4	5:20	8:08	
28	Fri	7:40	8.2	7:56	9.9	1:37	1.0	1:44	1.4	5:21	8:07	
29	Sat	8:42	8.3	8:55	10.3	2:39	0.6	2:43	1.2	5:23	8:06	
30	Sun	9:42	8.6	9:52	10.8	3:38	0.2	3:42	0.9	5:24	8:05	
31	Mon	10:39	9.1	10:49	11.3	4:35	-0.4	4:39	0.5	5:25	8:03	