

































Newcastle, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:27	10.4	10:05	9.4	3:17	0.4	4:00	-0.6	6:14	5:26	
2	Mon	10:20	10.6	10:52	9.8	4:12	0.0	4:48	-0.8	6:12	5:27	
3	Tue	11:08	10.6	11:36	10.1	5:02	-0.3	5:32	-0.8	6:11	5:28	
4	Wed	11:53	10.5			5:49	-0.5	6:13	-0.6	6:09	5:30	
5	Thu	12:16	10.2	12:36	10.2	6:32	-0.5	6:51	-0.3	6:07	5:31	
6	Fri	12:54	10.1	1:17	9.7	7:14	-0.4	7:28	0.1	6:05	5:32	
7	Sat	1:31	9.9	1:59	9.2	7:55	-0.1	8:06	0.6	6:04	5:34	
8	Sun	3:10	9.6	3:43	8.6	9:38	0.3	9:47	1.2	7:02	6:35	
9	Mon	3:51	9.3	4:31	8.1	10:24	0.7	10:31	1.6	7:00	6:36	
10	Tue	4:38	8.9	5:23	7.7	11:15	1.1	11:21	2.0	6:58	6:37	
11	Wed	5:31	8.6	6:21	7.4			12:11	1.5	6:56	6:39	
12	Thu	6:29	8.4	7:24	7.3	12:17	2.3	1:13	1.6	6:55	6:40	
13	Fri	7:32	8.4	8:25	7.5	1:18	2.4	2:17	1.5	6:53	6:41	
14	Sat	8:33	8.7	9:19	7.9	2:22	2.2	3:13	1.2	6:51	6:42	
15	Sun	9:26	9.1	10:04	8.4	3:18	1.8	4:00	0.8	6:49	6:44	
16	Mon	10:13	9.5	10:44	9.0	4:06	1.2	4:40	0.3	6:47	6:45	
17	Tue	10:56	9.9	11:22	9.6	4:50	0.6	5:18	-0.1	6:46	6:46	
18	Wed	11:37	10.2			5:32	0.0	5:56	-0.4	6:44	6:47	
19	Thu	12:00	10.2	12:19	10.4	6:15	-0.6	6:34	-0.6	6:42	6:49	
20	Fri	12:38	10.6	1:02	10.4	6:58	-1.0	7:14	-0.7	6:40	6:50	
21	Sat	1:18	11.0	1:47	10.3	7:43	-1.2	7:57	-0.5	6:38	6:51	
22	Sun	2:00	11.1	2:34	10.0	8:30	-1.2	8:43	-0.3	6:37	6:52	
23	Mon	2:46	11.0	3:26	9.6	9:20	-1.0	9:33	0.2	6:35	6:54	
24	Tue	3:38	10.7	4:25	9.1	10:17	-0.6	10:30	0.6	6:33	6:55	
25	Wed	4:38	10.2	5:31	8.6	11:20	-0.1	11:33	1.1	6:31	6:56	
26	Thu	5:46	9.9	6:42	8.4			12:29	0.2	6:29	6:57	
27	Fri	6:59	9.6	7:54	8.5	12:44	1.3	1:42	0.4	6:27	6:58	
28	Sat	8:12	9.6	9:01	8.8	1:59	1.3	2:52	0.3	6:26	7:00	
29	Sun	9:18	9.8	9:57	9.3	3:10	0.9	3:51	0.0	6:24	7:01	
30	Mon	10:15	10.0	10:46	9.7	4:10	0.5	4:41	-0.1	6:22	7:02	
31	Tue	11:06	10.1	11:30	10.1	5:01	0.0	5:26	-0.2	6:20	7:03	