

































## Newcastle, ME - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:20	10.8	11:59	9.4	5:13	0.4	5:54	-0.9	7:12	4:10	
2	Tue			12:04	11.0	5:58	0.1	6:36	-1.1	7:12	4:11	
3	Wed	12:42	9.7	12:50	11.0	6:45	-0.1	7:20	-1.2	7:12	4:12	
4	Thu	1:26	10.0	1:38	10.8	7:34	-0.3	8:06	-1.1	7:12	4:13	
5	Fri	2:14	10.1	2:29	10.5	8:26	-0.3	8:55	-0.8	7:12	4:14	
6	Sat	3:05	10.2	3:26	10.0	9:23	-0.2	9:48	-0.5	7:12	4:15	
7	Sun	4:00	10.2	4:28	9.5	10:23	-0.1	10:44	0.0	7:12	4:16	
8	Mon	4:58	10.2	5:33	9.1	11:27	0.0	11:44	0.3	7:12	4:17	
9	Tue	5:59	10.2	6:42	8.8			12:35	0.0	7:11	4:19	
10	Wed	7:04	10.2	7:50	8.8	12:48	0.6	1:44	-0.1	7:11	4:20	
11	Thu	8:06	10.3	8:52	8.9	1:54	0.7	2:47	-0.3	7:11	4:21	
12	Fri	9:04	10.5	9:48	9.0	2:54	0.6	3:44	-0.6	7:10	4:22	
13	Sat	9:57	10.6	10:39	9.2	3:49	0.5	4:35	-0.7	7:10	4:23	
14	Sun	10:47	10.6	11:26	9.3	4:40	0.4	5:21	-0.7	7:09	4:24	
15	Mon	11:32	10.5			5:27	0.3	6:04	-0.7	7:09	4:26	
16	Tue	12:08	9.4	12:15	10.3	6:11	0.3	6:44	-0.5	7:08	4:27	
17	Wed	12:48	9.4	12:55	10.0	6:53	0.4	7:22	-0.2	7:08	4:28	
18	Thu	1:27	9.3	1:35	9.6	7:34	0.6	7:58	0.1	7:07	4:29	
19	Fri	2:05	9.2	2:16	9.2	8:16	0.8	8:36	0.5	7:06	4:31	
20	Sat	2:44	9.1	3:00	8.7	8:59	1.0	9:16	0.9	7:06	4:32	
21	Sun	3:26	8.9	3:48	8.3	9:46	1.2	9:59	1.3	7:05	4:33	
22	Mon	4:11	8.8	4:39	7.9	10:37	1.4	10:45	1.6	7:04	4:35	
23	Tue	4:59	8.7	5:35	7.6	11:31	1.5	11:36	1.8	7:03	4:36	
24	Wed	5:52	8.7	6:35	7.5			12:29	1.4	7:02	4:37	
25	Thu	6:49	8.8	7:36	7.6	12:32	1.9	1:30	1.2	7:01	4:39	
26	Fri	7:45	9.2	8:30	8.0	1:30	1.7	2:26	0.8	7:01	4:40	
27	Sat	8:37	9.6	9:19	8.4	2:25	1.4	3:15	0.2	7:00	4:41	
28	Sun	9:26	10.2	10:05	8.9	3:16	0.9	4:01	-0.3	6:59	4:43	
29	Mon	10:13	10.7	10:49	9.5	4:04	0.3	4:45	-0.9	6:58	4:44	
30	Tue	10:59	11.1	11:33	10.0	4:51	-0.2	5:29	-1.3	6:57	4:45	
31	Wed	11:46	11.3			5:39	-0.7	6:12	-1.5	6:55	4:47	