

































Newcastle, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:08	10.8	8:53	9.4	1:56	0.2	2:48	-0.8	7:12	4:10	
2	Wed	9:07	11.2	9:51	9.7	2:57	0.0	3:45	-1.2	7:12	4:11	
3	Thu	10:03	11.4	10:46	9.9	3:54	-0.2	4:40	-1.5	7:12	4:12	
4	Fri	10:57	11.5	11:38	10.1	4:49	-0.4	5:32	-1.6	7:12	4:13	
5	Sat	11:49	11.4			5:41	-0.5	6:21	-1.5	7:12	4:14	
6	Sun	12:28	10.1	12:39	11.1	6:32	-0.4	7:09	-1.2	7:12	4:15	
7	Mon	1:15	10.0	1:27	10.6	7:22	-0.2	7:55	-0.8	7:12	4:16	
8	Tue	2:03	9.8	2:16	10.1	8:13	0.1	8:41	-0.3	7:12	4:17	
9	Wed	2:51	9.6	3:07	9.4	9:05	0.5	9:28	0.3	7:11	4:18	
10	Thu	3:40	9.4	4:01	8.8	9:59	0.8	10:17	0.8	7:11	4:19	
11	Fri	4:30	9.1	4:56	8.3	10:55	1.1	11:07	1.3	7:11	4:21	
12	Sat	5:21	9.0	5:54	7.9	11:53	1.3			7:10	4:22	
13	Sun	6:15	8.9	6:54	7.8	12:00	1.6	12:53	1.3	7:10	4:23	
14	Mon	7:10	8.9	7:52	7.8	12:57	1.8	1:52	1.1	7:09	4:24	
15	Tue	8:03	9.1	8:44	8.0	1:53	1.8	2:44	0.9	7:09	4:25	
16	Wed	8:51	9.4	9:30	8.2	2:43	1.6	3:29	0.6	7:08	4:27	
17	Thu	9:35	9.7	10:13	8.5	3:27	1.3	4:10	0.2	7:08	4:28	
18	Fri	10:16	10.0	10:52	8.8	4:08	1.0	4:48	-0.1	7:07	4:29	
19	Sat	10:55	10.2	11:30	9.1	4:48	0.7	5:25	-0.4	7:06	4:30	
20	Sun	11:34	10.4			5:28	0.4	6:01	-0.6	7:06	4:32	
21	Mon	12:06	9.4	12:12	10.5	6:08	0.1	6:38	-0.8	7:05	4:33	
22	Tue	12:43	9.7	12:53	10.5	6:50	-0.1	7:17	-0.8	7:04	4:34	
23	Wed	1:22	10.0	1:35	10.3	7:34	-0.2	7:58	-0.7	7:03	4:36	
24	Thu	2:04	10.1	2:23	10.0	8:22	-0.3	8:44	-0.5	7:03	4:37	
25	Fri	2:51	10.2	3:16	9.6	9:14	-0.2	9:34	-0.2	7:02	4:38	
26	Sat	3:43	10.2	4:15	9.2	10:12	-0.1	10:29	0.1	7:01	4:40	
27	Sun	4:40	10.1	5:19	8.8	11:14	0.0	11:29	0.5	7:00	4:41	
28	Mon	5:43	10.1	6:29	8.7			12:22	0.0	6:59	4:42	
29	Tue	6:51	10.2	7:40	8.7	12:35	0.6	1:33	-0.1	6:58	4:44	
30	Wed	7:58	10.4	8:45	9.0	1:44	0.6	2:39	-0.4	6:57	4:45	
31	Thu	9:00	10.7	9:42	9.4	2:49	0.3	3:37	-0.8	6:56	4:46	