





























Newcastle, ME - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:50	8.9	5:32	7.9	11:26	1.1	11:35	1.8	6:14	5:26	
2	Sun	5:48	8.7	6:33	7.7			12:28	1.3	6:13	5:27	
3	Mon	6:49	8.6	7:33	7.8	12:37	1.9	1:30	1.3	6:11	5:28	
4	Tue	7:47	8.8	8:26	8.1	1:39	1.8	2:25	1.1	6:09	5:29	
5	Wed	8:38	9.1	9:12	8.5	2:33	1.5	3:10	0.7	6:07	5:31	
6	Thu	9:23	9.4	9:53	8.9	3:19	1.1	3:50	0.4	6:06	5:32	
7	Fri	10:05	9.7	10:30	9.3	4:00	0.7	4:26	0.1	6:04	5:33	
8	Sat	10:43	9.9	11:05	9.7	4:38	0.3	5:01	-0.1	6:02	5:35	
9	Sun			12:21	10.0	6:16	-0.1	6:36	-0.3	7:00	6:36	
10	Mon	12:40	10.0	12:59	10.1	6:54	-0.4	7:12	-0.4	6:59	6:37	
11	Tue	1:15	10.3	1:38	10.1	7:34	-0.6	7:50	-0.4	6:57	6:38	
12	Wed	1:52	10.5	2:19	9.9	8:16	-0.8	8:31	-0.3	6:55	6:40	
13	Thu	2:33	10.6	3:05	9.7	9:01	-0.7	9:16	-0.1	6:53	6:41	
14	Fri	3:20	10.5	3:56	9.3	9:52	-0.5	10:08	0.2	6:51	6:42	
15	Sat	4:13	10.3	4:55	9.0	10:49	-0.3	11:05	0.5	6:50	6:43	
16	Sun	5:13	10.1	6:00	8.8	11:51	-0.1			6:48	6:45	
17	Mon	6:20	9.9	7:10	8.8	12:08	0.7	12:58	0.1	6:46	6:46	
18	Tue	7:31	9.9	8:20	9.1	1:18	0.8	2:08	0.0	6:44	6:47	
19	Wed	8:41	10.1	9:23	9.5	2:29	0.5	3:14	-0.3	6:42	6:48	
20	Thu	9:44	10.4	10:18	10.0	3:35	0.1	4:11	-0.6	6:41	6:50	
21	Fri	10:40	10.6	11:08	10.5	4:33	-0.4	5:03	-0.8	6:39	6:51	
22	Sat	11:31	10.7	11:55	10.8	5:25	-0.8	5:50	-0.9	6:37	6:52	
23	Sun			12:20	10.7	6:14	-1.1	6:35	-0.8	6:35	6:53	
24	Mon	12:39	10.9	1:06	10.5	7:01	-1.1	7:17	-0.5	6:33	6:55	
25	Tue	1:21	10.8	1:50	10.1	7:45	-0.9	7:58	-0.1	6:31	6:56	
26	Wed	2:02	10.5	2:33	9.7	8:28	-0.6	8:39	0.3	6:30	6:57	
27	Thu	2:43	10.2	3:17	9.2	9:11	-0.2	9:21	0.8	6:28	6:58	
28	Fri	3:26	9.7	4:05	8.7	9:57	0.3	10:07	1.3	6:26	6:59	
29	Sat	4:13	9.3	4:56	8.3	10:47	0.7	10:57	1.7	6:24	7:01	
30	Sun	5:05	8.9	5:50	8.0	11:40	1.1	11:51	1.9	6:22	7:02	
31	Mon	6:01	8.7	6:48	7.9			12:36	1.4	6:21	7:03	