

































Newcastle, ME - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:40	10.6	9:28	9.0	2:31	0.7	3:25	-0.6	7:12	4:11	
2	Mon	9:40	11.1	10:22	9.4	3:31	0.3	4:19	-1.2	7:12	4:11	
3	Tue	10:34	11.5	11:16	9.8	4:25	-0.1	5:13	-1.6	7:12	4:12	
4	Wed	11:28	11.8			5:19	-0.4	6:01	-1.8	7:12	4:13	
5	Thu	12:10	10.1	12:22	11.8	6:13	-0.6	6:55	-1.8	7:12	4:14	
6	Fri	1:04	10.3	1:16	11.5	7:07	-0.7	7:49	-1.6	7:12	4:15	
7	Sat	1:52	10.3	2:10	11.0	8:01	-0.5	8:37	-1.2	7:12	4:16	
8	Sun	2:46	10.3	3:10	10.3	9:01	-0.3	9:31	-0.6	7:12	4:18	
9	Mon	3:46	10.1	4:10	9.6	10:01	0.0	10:25	0.0	7:11	4:19	
10	Tue	4:40	9.9	5:10	9.0	11:07	0.3	11:25	0.6	7:11	4:20	
11	Wed	5:40	9.7	6:16	8.5			12:13	0.5	7:11	4:21	
12	Thu	6:40	9.6	7:22	8.2	12:25	1.1	1:19	0.5	7:10	4:22	
13	Fri	7:34	9.5	8:22	8.2	1:25	1.4	2:19	0.5	7:10	4:23	
14	Sat	8:34	9.5	9:16	8.2	2:25	1.5	3:13	0.4	7:09	4:25	
15	Sun	9:22	9.6	10:04	8.3	3:13	1.4	4:01	0.2	7:09	4:26	
16	Mon	10:04	9.7	10:46	8.4	4:01	1.3	4:43	0.1	7:08	4:27	
17	Tue	10:46	9.8	11:22	8.6	4:43	1.2	5:25	0.1	7:08	4:28	
18	Wed	11:22	9.8	11:58	8.7	5:19	1.1	5:55	0.0	7:07	4:30	
19	Thu	11:58	9.8			5:55	1.0	6:31	0.0	7:06	4:31	
20	Fri	12:34	8.8	12:34	9.7	6:31	0.9	7:01	0.1	7:05	4:32	
21	Sat	1:04	8.8	1:10	9.6	7:07	0.9	7:31	0.2	7:05	4:33	
22	Sun	1:40	8.9	1:46	9.3	7:43	0.9	8:07	0.3	7:04	4:35	
23	Mon	2:10	9.0	2:22	9.0	8:25	0.9	8:43	0.5	7:03	4:36	
24	Tue	2:52	9.1	3:10	8.7	9:07	0.9	9:25	0.7	7:02	4:37	
25	Wed	3:34	9.2	3:58	8.4	9:55	0.9	10:13	1.0	7:01	4:39	
26	Thu	4:22	9.3	4:52	8.1	10:55	0.8	11:01	1.2	7:00	4:40	
27	Fri	5:10	9.4	5:52	8.0	11:55	0.7			6:59	4:41	
28	Sat	6:16	9.6	7:04	8.1	12:01	1.2	1:01	0.5	6:58	4:43	
29	Sun	7:22	10.0	8:10	8.4	1:07	1.1	2:07	0.0	6:57	4:44	
30	Mon	8:22	10.5	9:10	8.9	2:13	0.7	3:07	-0.6	6:56	4:46	
31	Tue	9:22	11.0	10:10	9.5	3:13	0.2	4:01	-1.1	6:55	4:47	