

































## Newcastle, ME - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:30	10.5	8:09	9.5	1:18	0.1	2:05	-0.5	7:12	4:11	
2	Thu	8:29	11.1	9:09	9.8	2:18	-0.2	3:04	-1.1	7:12	4:12	
3	Fri	9:25	11.5	10:05	10.2	3:16	-0.5	4:00	-1.6	7:12	4:12	
4	Sat	10:20	11.9	11:01	10.5	4:11	-0.8	4:54	-2.0	7:12	4:13	
5	Sun	11:14	12.0	11:54	10.6	5:06	-1.0	5:47	-2.1	7:12	4:14	
6	Mon			12:08	11.9	6:00	-1.0	6:39	-2.0	7:12	4:15	
7	Tue	12:47	10.6	1:01	11.6	6:54	-0.9	7:30	-1.7	7:12	4:17	
8	Wed	1:39	10.5	1:54	11.1	7:48	-0.6	8:22	-1.3	7:11	4:18	
9	Thu	2:32	10.2	2:50	10.4	8:44	-0.2	9:16	-0.7	7:11	4:19	
10	Fri	3:27	10.0	3:48	9.7	9:43	0.2	10:10	-0.1	7:11	4:20	
11	Sat	4:23	9.7	4:48	9.1	10:44	0.5	11:06	0.5	7:11	4:21	
12	Sun	5:19	9.4	5:48	8.7	11:46	0.8			7:10	4:22	
13	Mon	6:16	9.3	6:50	8.4	12:03	0.9	12:49	0.9	7:10	4:23	
14	Tue	7:13	9.2	7:49	8.3	1:02	1.2	1:49	0.8	7:09	4:25	
15	Wed	8:06	9.3	8:42	8.4	1:58	1.3	2:43	0.6	7:09	4:26	
16	Thu	8:54	9.5	9:29	8.5	2:48	1.2	3:30	0.4	7:08	4:27	
17	Fri	9:37	9.7	10:13	8.7	3:33	1.1	4:12	0.2	7:07	4:28	
18	Sat	10:18	9.8	10:53	8.8	4:14	1.0	4:50	0.0	7:07	4:30	
19	Sun	10:56	10.0	11:30	9.0	4:51	0.8	5:26	-0.1	7:06	4:31	
20	Mon	11:33	10.1			5:28	0.7	6:00	-0.2	7:05	4:32	
21	Tue	12:05	9.1	12:08	10.1	6:04	0.6	6:33	-0.3	7:05	4:33	
22	Wed	12:39	9.2	12:43	10.1	6:40	0.5	7:08	-0.3	7:04	4:35	
23	Thu	1:13	9.3	1:20	10.0	7:19	0.4	7:44	-0.3	7:03	4:36	
24	Fri	1:50	9.4	2:00	9.8	8:00	0.3	8:24	-0.2	7:02	4:37	
25	Sat	2:30	9.5	2:45	9.6	8:46	0.3	9:09	-0.1	7:01	4:39	
26	Sun	3:15	9.6	3:37	9.3	9:37	0.3	9:58	0.1	7:00	4:40	
27	Mon	4:06	9.7	4:34	9.1	10:33	0.3	10:52	0.2	6:59	4:42	
28	Tue	5:02	9.9	5:37	8.9	11:33	0.2	11:51	0.3	6:58	4:43	
29	Wed	6:03	10.0	6:45	8.9			12:39	0.0	6:57	4:44	
30	Thu	7:09	10.3	7:53	9.2	12:55	0.3	1:46	-0.4	6:56	4:46	
31	Fri	8:13	10.7	8:55	9.6	2:00	0.1	2:49	-0.9	6:55	4:47	