

































## Newcastle, ME - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:02	10.4	8:44	9.5	1:49	0.3	2:37	-0.6	6:13	5:26	
2	Sun	9:03	10.7	9:40	10.0	2:53	-0.1	3:34	-1.0	6:11	5:28	
3	Mon	9:59	11.0	10:32	10.4	3:51	-0.5	4:26	-1.2	6:10	5:29	
4	Tue	10:51	11.1	11:20	10.6	4:44	-0.9	5:15	-1.3	6:08	5:30	
5	Wed	11:40	11.1			5:34	-1.0	6:01	-1.3	6:06	5:32	
6	Thu	12:06	10.7	12:27	10.8	6:21	-1.0	6:45	-1.0	6:04	5:33	
7	Fri	12:49	10.6	1:12	10.4	7:07	-0.8	7:27	-0.5	6:03	5:34	
8	Sat	1:31	10.4	1:57	9.9	7:52	-0.5	8:09	0.0	6:01	5:35	
9	Sun	3:14	10.0	3:44	9.3	9:38	-0.1	9:54	0.5	6:59	6:37	
10	Mon	4:00	9.6	4:34	8.8	10:27	0.4	10:41	1.1	6:57	6:38	
11	Tue	4:49	9.2	5:27	8.3	11:19	0.8	11:32	1.5	6:56	6:39	
12	Wed	5:41	8.8	6:24	8.0			12:14	1.2	6:54	6:41	
13	Thu	6:38	8.6	7:24	7.9	12:27	1.8	1:14	1.3	6:52	6:42	
14	Fri	7:38	8.6	8:23	8.0	1:27	1.9	2:15	1.3	6:50	6:43	
15	Sat	8:36	8.8	9:16	8.3	2:28	1.8	3:11	1.1	6:48	6:44	
16	Sun	9:28	9.1	10:02	8.7	3:22	1.5	3:58	0.7	6:47	6:46	
17	Mon	10:14	9.4	10:44	9.1	4:09	1.1	4:39	0.4	6:45	6:47	
18	Tue	10:56	9.8	11:22	9.5	4:51	0.6	5:17	0.0	6:43	6:48	
19	Wed	11:37	10.1	11:59	10.0	5:31	0.1	5:54	-0.3	6:41	6:49	
20	Thu			12:16	10.3	6:11	-0.3	6:31	-0.5	6:39	6:50	
21	Fri	12:36	10.4	12:57	10.4	6:52	-0.7	7:10	-0.7	6:38	6:52	
22	Sat	1:14	10.7	1:38	10.4	7:34	-1.0	7:51	-0.7	6:36	6:53	
23	Sun	1:54	10.8	2:23	10.3	8:18	-1.1	8:35	-0.5	6:34	6:54	
24	Mon	2:38	10.9	3:11	10.0	9:06	-1.0	9:23	-0.3	6:32	6:55	
25	Tue	3:27	10.7	4:06	9.7	9:59	-0.8	10:17	0.1	6:30	6:57	
26	Wed	4:23	10.5	5:07	9.3	10:57	-0.5	11:16	0.4	6:28	6:58	
27	Thu	5:25	10.2	6:13	9.1			12:01	-0.2	6:27	6:59	
28	Fri	6:33	10.0	7:22	9.1	12:21	0.6	1:09	-0.1	6:25	7:00	
29	Sat	7:44	9.9	8:30	9.3	1:31	0.7	2:18	-0.1	6:23	7:01	
30	Sun	8:52	10.1	9:31	9.7	2:42	0.5	3:23	-0.3	6:21	7:03	
31	Mon	9:53	10.3	10:25	10.1	3:46	0.1	4:19	-0.5	6:19	7:04	