

































Newcastle, ME - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:45	9.5	5:25	8.5	11:18	0.5	11:34	1.2	6:14	5:26	
2	Mon	5:45	9.1	6:29	8.2			12:22	0.8	6:12	5:27	
3	Tue	6:46	9.0	7:31	8.2	12:37	1.5	1:26	0.9	6:10	5:29	
4	Wed	7:46	9.0	8:26	8.3	1:40	1.6	2:24	0.8	6:08	5:30	
5	Thu	8:39	9.2	9:15	8.6	2:36	1.4	3:14	0.6	6:07	5:31	
6	Fri	9:26	9.4	9:57	8.9	3:23	1.1	3:57	0.4	6:05	5:33	
7	Sat	10:08	9.6	10:36	9.1	4:05	0.8	4:34	0.2	6:03	5:34	
8	Sun	11:47	9.8			5:44	0.6	6:09	0.0	7:01	6:35	
9	Mon	12:12	9.4	12:23	9.9	6:19	0.3	6:41	0.0	7:00	6:36	
10	Tue	12:46	9.5	12:58	9.9	6:54	0.2	7:13	-0.1	6:58	6:38	
11	Wed	1:17	9.7	1:32	9.8	7:29	0.0	7:46	0.0	6:56	6:39	
12	Thu	1:49	9.8	2:08	9.7	8:05	-0.1	8:21	0.0	6:54	6:40	
13	Fri	2:23	9.9	2:46	9.5	8:44	-0.1	8:59	0.2	6:52	6:41	
14	Sat	3:01	9.9	3:29	9.3	9:27	-0.1	9:42	0.4	6:51	6:43	
15	Sun	3:44	9.9	4:18	9.0	10:15	0.0	10:31	0.6	6:49	6:44	
16	Mon	4:35	9.8	5:15	8.8	11:10	0.1	11:26	0.7	6:47	6:45	
17	Tue	5:33	9.8	6:17	8.7			12:10	0.2	6:45	6:46	
18	Wed	6:37	9.8	7:26	8.8	12:28	0.8	1:15	0.1	6:43	6:48	
19	Thu	7:46	10.0	8:34	9.2	1:35	0.7	2:23	-0.1	6:42	6:49	
20	Fri	8:54	10.4	9:36	9.8	2:43	0.3	3:27	-0.6	6:40	6:50	
21	Sat	9:56	10.8	10:32	10.4	3:47	-0.2	4:25	-1.0	6:38	6:51	
22	Sun	10:53	11.2	11:24	10.9	4:45	-0.8	5:17	-1.4	6:36	6:53	
23	Mon	11:47	11.4			5:39	-1.3	6:07	-1.5	6:34	6:54	
24	Tue	12:13	11.2	12:38	11.3	6:31	-1.6	6:56	-1.4	6:32	6:55	
25	Wed	1:01	11.3	1:28	11.1	7:21	-1.6	7:42	-1.1	6:31	6:56	
26	Thu	1:47	11.2	2:17	10.7	8:10	-1.4	8:28	-0.7	6:29	6:58	
27	Fri	2:33	10.9	3:06	10.1	8:59	-1.0	9:16	-0.1	6:27	6:59	
28	Sat	3:21	10.4	3:58	9.5	9:50	-0.5	10:05	0.6	6:25	7:00	
29	Sun	4:11	9.9	4:53	8.9	10:43	0.1	10:59	1.1	6:23	7:01	
30	Mon	5:06	9.4	5:51	8.5	11:40	0.6	11:56	1.6	6:22	7:02	
31	Tue	6:03	9.0	6:50	8.2			12:40	1.0	6:20	7:04	