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# Newcastle, ME - Mar 2057

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 7:27 | 10.0 | 8:17 | 8.9 | 1:13 | 0.8 | 2:08 | -0.2 | 6:13 | 5:26 | |
| 2 | Fri | 8:32 | 10.3 | 9:16 | 9.2 | 2:22 | 0.6 | 3:10 | -0.5 | 6:11 | 5:28 | |
| 3 | Sat | 9:31 | 10.6 | 10:10 | 9.6 | 3:22 | 0.2 | 4:04 | -0.8 | 6:10 | 5:29 | |
| 4 | Sun | 10:24 | 10.8 | 10:58 | 9.9 | 4:17 | -0.1 | 4:53 | -0.9 | 6:08 | 5:30 | |
| 5 | Mon | 11:13 | 10.8 | 11:43 | 10.1 | 5:07 | -0.4 | 5:39 | -0.9 | 6:06 | 5:32 | |
| 6 | Tue | 11:58 | 10.7 | | | 5:53 | -0.5 | 6:21 | -0.8 | 6:04 | 5:33 | |
| 7 | Wed | 12:24 | 10.1 | 12:41 | 10.3 | 6:37 | -0.4 | 7:00 | -0.4 | 6:03 | 5:34 | |
| 8 | Thu | 1:04 | 10.0 | 1:23 | 9.9 | 7:20 | -0.3 | 7:38 | 0.0 | 6:01 | 5:35 | |
| 9 | Fri | 1:42 | 9.8 | 2:06 | 9.4 | 8:02 | 0.0 | 8:17 | 0.5 | 5:59 | 5:37 | |
| 10 | Sat | 2:22 | 9.6 | 2:50 | 8.9 | 8:46 | 0.4 | 8:58 | 1.0 | 5:57 | 5:38 | |
| 11 | Sun | 4:04 | 9.2 | 4:38 | 8.4 | 10:32 | 0.7 | 10:43 | 1.5 | 6:56 | 6:39 | |
| 12 | Mon | 4:50 | 8.9 | 5:31 | 8.0 | 11:23 | 1.1 | 11:32 | 1.9 | 6:54 | 6:41 | |
| 13 | Tue | 5:42 | 8.6 | 6:28 | 7.7 | | | 12:17 | 1.3 | 6:52 | 6:42 | |
| 14 | Wed | 6:38 | 8.5 | 7:29 | 7.6 | 12:27 | 2.1 | 1:18 | 1.5 | 6:50 | 6:43 | |
| 15 | Thu | 7:39 | 8.5 | 8:29 | 7.7 | 1:27 | 2.2 | 2:20 | 1.4 | 6:48 | 6:44 | |
| 16 | Fri | 8:38 | 8.8 | 9:23 | 8.1 | 2:28 | 2.0 | 3:16 | 1.1 | 6:47 | 6:46 | |
| 17 | Sat | 9:31 | 9.2 | 10:09 | 8.5 | 3:23 | 1.6 | 4:03 | 0.6 | 6:45 | 6:47 | |
| 18 | Sun | 10:18 | 9.6 | 10:50 | 9.1 | 4:11 | 1.1 | 4:45 | 0.2 | 6:43 | 6:48 | |
| 19 | Mon | 11:01 | 10.1 | 11:30 | 9.6 | 4:55 | 0.5 | 5:25 | -0.3 | 6:41 | 6:49 | |
| 20 | Tue | 11:43 | 10.4 | | | 5:37 | -0.1 | 6:04 | -0.6 | 6:39 | 6:50 | |
| 21 | Wed | 12:08 | 10.1 | 12:26 | 10.7 | 6:20 | -0.6 | 6:44 | -0.9 | 6:37 | 6:52 | |
| 22 | Thu | 12:48 | 10.6 | 1:09 | 10.8 | 7:04 | -1.0 | 7:25 | -1.0 | 6:36 | 6:53 | |
| 23 | Fri | 1:28 | 10.9 | 1:54 | 10.7 | 7:50 | -1.2 | 8:08 | -0.8 | 6:34 | 6:54 | |
| 24 | Sat | 2:11 | 11.1 | 2:42 | 10.4 | 8:37 | -1.3 | 8:55 | -0.6 | 6:32 | 6:55 | |
| 25 | Sun | 2:58 | 11.0 | 3:35 | 9.9 | 9:29 | -1.1 | 9:45 | -0.1 | 6:30 | 6:57 | |
| 26 | Mon | 3:50 | 10.7 | 4:34 | 9.5 | 10:25 | -0.7 | 10:42 | 0.3 | 6:28 | 6:58 | |
| 27 | Tue | 4:50 | 10.4 | 5:39 | 9.0 | 11:27 | -0.3 | 11:45 | 0.8 | 6:26 | 6:59 | |
| 28 | Wed | 5:55 | 10.0 | 6:49 | 8.8 | | | 12:35 | 0.0 | 6:25 | 7:00 | |
| 29 | Thu | 7:06 | 9.8 | 8:00 | 8.8 | 12:53 | 1.1 | 1:47 | 0.1 | 6:23 | 7:02 | |
| 30 | Fri | 8:18 | 9.8 | 9:06 | 9.1 | 2:07 | 1.0 | 2:56 | 0.1 | 6:21 | 7:03 | |
| 31 | Sat | 9:23 | 10.0 | 10:03 | 9.4 | 3:15 | 0.8 | 3:56 | -0.1 | 6:19 | 7:04 | |