

North Haven, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:18	9.7	1:29	10.5	7:18	0.6	7:48	-0.3	7:10	4:07	
2	Tue	2:02	9.8	2:17	10.2	8:06	0.5	8:33	-0.1	7:10	4:08	
3	Wed	2:50	10.0	3:10	9.9	9:00	0.5	9:23	0.1	7:10	4:09	
4	Thu	3:42	10.1	4:08	9.5	9:58	0.4	10:18	0.3	7:10	4:10	
5	Fri	4:39	10.2	5:13	9.2	11:01	0.3	11:18	0.6	7:10	4:11	
6	Sat	5:40	10.3	6:20	9.1			12:08	0.1	7:10	4:12	
7	Sun	6:43	10.5	7:28	9.1	12:22	0.7	1:14	-0.2	7:10	4:13	
8	Mon	7:46	10.8	8:31	9.4	1:27	0.6	2:17	-0.5	7:10	4:14	
9	Tue	8:46	11.0	9:29	9.6	2:28	0.5	3:15	-0.8	7:09	4:15	
10	Wed	9:42	11.3	10:22	9.9	3:26	0.2	4:09	-1.0	7:09	4:16	
11	Thu	10:34	11.4	11:12	10.0	4:21	0.1	5:00	-1.1	7:09	4:17	
12	Fri	11:24	11.3			5:12	0.0	5:48	-1.0	7:08	4:19	
13	Sat	12:00	10.1	12:13	11.1	6:01	0.1	6:34	-0.7	7:08	4:20	
14	Sun	12:46	10.0	12:59	10.6	6:49	0.2	7:19	-0.4	7:07	4:21	
15	Mon	1:31	9.9	1:46	10.1	7:37	0.5	8:03	0.1	7:07	4:22	
16	Tue	2:16	9.6	2:33	9.5	8:25	0.8	8:47	0.6	7:06	4:23	
17	Wed	3:02	9.4	3:22	9.0	9:14	1.0	9:33	1.1	7:06	4:25	
18	Thu	3:49	9.2	4:15	8.4	10:06	1.3	10:21	1.5	7:05	4:26	
19	Fri	4:39	9.0	5:12	8.0	11:01	1.4	11:13	1.8	7:04	4:27	
20	Sat	5:32	8.9	6:11	7.8	11:59	1.5			7:04	4:28	
21	Sun	6:27	8.9	7:09	7.8	12:08	2.0	12:56	1.3	7:03	4:30	
22	Mon	7:21	9.1	8:02	8.0	1:04	2.0	1:50	1.1	7:02	4:31	
23	Tue	8:11	9.4	8:51	8.3	1:56	1.8	2:39	0.8	7:01	4:32	
24	Wed	8:57	9.7	9:34	8.7	2:44	1.5	3:23	0.4	7:01	4:34	
25	Thu	9:40	10.1	10:14	9.1	3:28	1.2	4:04	0.0	7:00	4:35	
26	Fri	10:21	10.5	10:53	9.5	4:09	0.8	4:43	-0.3	6:59	4:36	
27	Sat	11:01	10.8	11:32	9.9	4:50	0.5	5:22	-0.6	6:58	4:38	
28	Sun	11:42	11.0			5:31	0.1	6:01	-0.7	6:57	4:39	
29	Mon	12:11	10.2	12:25	11.0	6:14	-0.1	6:41	-0.8	6:56	4:41	
30	Tue	12:53	10.5	1:10	10.8	6:59	-0.2	7:23	-0.6	6:55	4:42	
31	Wed	1:37	10.6	1:58	10.4	7:48	-0.3	8:09	-0.4	6:54	4:43	