US HARBORS www.USHarbors.com

North Haven, ME - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:34	9.2	1:43	9.7	7:34	1.2	8:00	0.4	7:10	4:07	
2	Fri	2:13	9.3	2:25	9.4	8:17	1.2	8:40	0.6	7:10	4:08	
3	Sat	2:56	9.4	3:13	9.2	9:04	1.1	9:24	0.7	7:10	4:09	
4	Sun	3:43	9.5	4:07	8.9	9:57	1.0	10:15	0.9	7:10	4:10	
5	Mon	4:35	9.7	5:07	8.8	10:56	0.8	11:11	0.9	7:10	4:11	
6	Tue	5:33	9.9	6:12	8.8	11:59	0.5			7:10	4:12	
7	Wed	6:34	10.3	7:17	9.0	12:12	0.9	1:04	0.1	7:10	4:13	
8	Thu	7:36	10.7	8:20	9.4	1:15	0.7	2:06	-0.4	7:09	4:14	
9	Fri	8:36	11.2	9:19	9.8	2:17	0.4	3:05	-0.9	7:09	4:15	
10	Sat	9:33	11.6	10:14	10.2	3:16	0.0	4:01	-1.4	7:09	4:17	
11	Sun	10:28	11.9	11:07	10.6	4:13	-0.3	4:55	-1.6	7:08	4:18	
12	Mon	11:22	12.0	11:59	10.8	5:08	-0.6	5:47	-1.7	7:08	4:19	
13	Tue			12:15	11.8	6:02	-0.7	6:37	-1.5	7:08	4:20	
14	Wed	12:51	10.8	1:08	11.4	6:56	-0.6	7:28	-1.1	7:07	4:21	
15	Thu	1:42	10.7	2:02	10.8	7:50	-0.3	8:18	-0.6	7:07	4:23	
16	Fri	2:34	10.5	2:57	10.1	8:46	0.0	9:10	0.0	7:06	4:24	
17	Sat	3:27	10.1	3:54	9.4	9:43	0.3	10:04	0.6	7:05	4:25	
18	Sun	4:22	9.8	4:55	8.8	10:43	0.6	11:00	1.1	7:05	4:26	
19	Mon	5:19	9.5	5:57	8.4	11:44	0.9	11:58	1.5	7:04	4:28	
20	Tue	6:17	9.3	6:58	8.2			12:44	0.9	7:03	4:29	
21	Wed	7:13	9.3	7:55	8.2	12:56	1.6	1:41	0.8	7:03	4:30	
22	Thu	8:06	9.4	8:45	8.4	1:51	1.6	2:33	0.7	7:02	4:32	
23	Fri	8:54	9.6	9:30	8.6	2:41	1.5	3:19	0.5	7:01	4:33	
24	Sat	9:37	9.8	10:10	8.8	3:25	1.3	4:00	0.3	7:00	4:34	
25	Sun	10:16	10.0	10:47	9.0	4:06	1.1	4:38	0.2	6:59	4:36	
26	Mon	10:53	10.2	11:22	9.2	4:43	0.9	5:13	0.1	6:58	4:37	
27	Tue	11:28	10.2	11:55	9.4	5:19	0.8	5:46	0.0	6:57	4:38	
28	Wed			12:03	10.2	5:54	0.7	6:19	0.0	6:56	4:40	
29	Thu	12:28	9.6	12:39	10.1	6:30	0.6	6:52	0.1	6:55	4:41	
30	Fri	1:03	9.7	1:17	9.9	7:08	0.5	7:28	0.2	6:54	4:42	
31	Sat	1:40	9.9	1:58	9.6	7:49	0.5	8:07	0.3	6:53	4:44	