



North Haven, ME - Jan 2010

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 10:43 | 11.9 | 11:21 | 10.5 | 4:28 | -0.2 | 5:09 | -1.5 | 7:10 | 4:07 | ☉ |
| 2 | Sat | 11:35 | 12.0 | | | 5:21 | -0.5 | 5:59 | -1.6 | 7:10 | 4:08 | ☉ |
| 3 | Sun | 12:12 | 10.8 | 12:28 | 11.9 | 6:14 | -0.6 | 6:50 | -1.6 | 7:10 | 4:09 | ☉ |
| 4 | Mon | 1:04 | 10.9 | 1:22 | 11.6 | 7:09 | -0.6 | 7:42 | -1.3 | 7:10 | 4:10 | ☾ |
| 5 | Tue | 1:57 | 10.9 | 2:18 | 11.0 | 8:06 | -0.4 | 8:36 | -0.9 | 7:10 | 4:11 | ☾ |
| 6 | Wed | 2:52 | 10.7 | 3:17 | 10.4 | 9:06 | -0.2 | 9:32 | -0.3 | 7:10 | 4:12 | ☾ |
| 7 | Thu | 3:50 | 10.5 | 4:20 | 9.8 | 10:08 | 0.0 | 10:30 | 0.2 | 7:10 | 4:13 | ☾ |
| 8 | Fri | 4:50 | 10.3 | 5:25 | 9.2 | 11:12 | 0.2 | 11:31 | 0.6 | 7:09 | 4:14 | ☾ |
| 9 | Sat | 5:51 | 10.1 | 6:31 | 8.9 | | | 12:17 | 0.3 | 7:09 | 4:15 | ☾ |
| 10 | Sun | 6:52 | 10.0 | 7:33 | 8.8 | 12:33 | 0.9 | 1:19 | 0.3 | 7:09 | 4:16 | ☾ |
| 11 | Mon | 7:49 | 10.0 | 8:30 | 8.8 | 1:32 | 1.1 | 2:16 | 0.2 | 7:08 | 4:17 | ☾ |
| 12 | Tue | 8:42 | 10.1 | 9:21 | 8.9 | 2:27 | 1.1 | 3:08 | 0.1 | 7:08 | 4:19 | ☾ |
| 13 | Wed | 9:30 | 10.2 | 10:05 | 9.0 | 3:17 | 1.0 | 3:54 | 0.0 | 7:08 | 4:20 | ☾ |
| 14 | Thu | 10:13 | 10.2 | 10:46 | 9.1 | 4:02 | 0.9 | 4:36 | 0.0 | 7:07 | 4:21 | ☾ |
| 15 | Fri | 10:52 | 10.2 | 11:23 | 9.2 | 4:42 | 0.9 | 5:14 | 0.0 | 7:07 | 4:22 | ☾ |
| 16 | Sat | 11:29 | 10.2 | 11:58 | 9.3 | 5:21 | 0.8 | 5:49 | 0.1 | 7:06 | 4:23 | ☾ |
| 17 | Sun | | | 12:05 | 10.1 | 5:57 | 0.9 | 6:23 | 0.2 | 7:06 | 4:25 | ☾ |
| 18 | Mon | 12:32 | 9.3 | 12:40 | 9.9 | 6:33 | 0.9 | 6:56 | 0.3 | 7:05 | 4:26 | ☾ |
| 19 | Tue | 1:07 | 9.3 | 1:17 | 9.6 | 7:09 | 1.0 | 7:30 | 0.5 | 7:04 | 4:27 | ☾ |
| 20 | Wed | 1:42 | 9.3 | 1:54 | 9.3 | 7:47 | 1.1 | 8:05 | 0.7 | 7:04 | 4:29 | ☾ |
| 21 | Thu | 2:19 | 9.3 | 2:36 | 9.0 | 8:28 | 1.1 | 8:44 | 0.9 | 7:03 | 4:30 | ☾ |
| 22 | Fri | 3:00 | 9.3 | 3:22 | 8.7 | 9:14 | 1.1 | 9:28 | 1.1 | 7:02 | 4:31 | ☾ |
| 23 | Sat | 3:46 | 9.3 | 4:15 | 8.4 | 10:05 | 1.1 | 10:18 | 1.3 | 7:01 | 4:33 | ☾ |
| 24 | Sun | 4:38 | 9.3 | 5:15 | 8.3 | 11:03 | 1.0 | 11:15 | 1.4 | 7:00 | 4:34 | ☾ |
| 25 | Mon | 5:37 | 9.5 | 6:19 | 8.4 | | | 12:06 | 0.8 | 6:59 | 4:35 | ☾ |
| 26 | Tue | 6:39 | 9.9 | 7:23 | 8.7 | 12:17 | 1.3 | 1:09 | 0.4 | 6:59 | 4:37 | ☾ |
| 27 | Wed | 7:41 | 10.4 | 8:23 | 9.2 | 1:20 | 1.0 | 2:10 | -0.2 | 6:58 | 4:38 | ☉ |
| 28 | Thu | 8:39 | 11.0 | 9:19 | 9.8 | 2:21 | 0.5 | 3:06 | -0.8 | 6:57 | 4:39 | ☉ |
| 29 | Fri | 9:35 | 11.6 | 10:12 | 10.4 | 3:18 | -0.1 | 4:00 | -1.3 | 6:56 | 4:41 | ☉ |
| 30 | Sat | 10:28 | 12.0 | 11:02 | 10.9 | 4:13 | -0.6 | 4:50 | -1.7 | 6:55 | 4:42 | ☉ |
| 31 | Sun | 11:20 | 12.1 | 11:52 | 11.3 | 5:06 | -1.0 | 5:40 | -1.8 | 6:53 | 4:43 | ☉ |