US HARBORS www.USHarbors.com

North Haven, ME - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:00	8.8	3:11	9.1	9:03	1.6	9:30	1.0	7:10	4:07	
2	Thu	3:47	8.7	4:02	8.7	9:54	1.7	10:18	1.3	7:10	4:08	
3	Fri	4:37	8.7	4:56	8.4	10:48	1.8	11:08	1.5	7:10	4:09	
4	Sat	5:28	8.7	5:53	8.2	11:44	1.7	11:59	1.6	7:10	4:10	
5	Sun	6:19	8.9	6:49	8.3			12:39	1.4	7:10	4:11	
6	Mon	7:08	9.2	7:42	8.4	12:50	1.5	1:31	1.0	7:10	4:12	
7	Tue	7:56	9.6	8:31	8.7	1:39	1.4	2:20	0.6	7:10	4:13	
8	Wed	8:42	10.0	9:18	9.0	2:27	1.2	3:07	0.1	7:09	4:14	
9	Thu	9:26	10.5	10:03	9.4	3:13	0.9	3:52	-0.3	7:09	4:15	
10	Fri	10:11	10.9	10:48	9.7	3:58	0.6	4:36	-0.7	7:09	4:16	
11	Sat	10:56	11.3	11:33	10.0	4:43	0.3	5:21	-1.0	7:09	4:17	
12	Sun	11:43	11.5			5:30	0.1	6:07	-1.2	7:08	4:18	
13	Mon	12:19	10.2	12:31	11.5	6:18	-0.1	6:55	-1.2	7:08	4:19	
14	Tue	1:08	10.4	1:22	11.3	7:10	-0.1	7:45	-1.1	7:07	4:20	
15	Wed	1:59	10.4	2:17	10.9	8:05	-0.1	8:37	-0.8	7:07	4:22	
16	Thu	2:53	10.4	3:15	10.5	9:03	0.0	9:32	-0.4	7:06	4:23	
17	Fri	3:51	10.3	4:17	9.9	10:05	0.1	10:31	-0.1	7:06	4:24	
18	Sat	4:51	10.3	5:23	9.5	11:11	0.1	11:33	0.3	7:05	4:25	
19	Sun	5:53	10.3	6:31	9.3			12:17	0.1	7:05	4:27	
20	Mon	6:55	10.3	7:36	9.2	12:36	0.5	1:21	-0.1	7:04	4:28	
21	Tue	7:54	10.5	8:35	9.3	1:37	0.6	2:21	-0.3	7:03	4:29	
22	Wed	8:50	10.6	9:29	9.4	2:35	0.6	3:15	-0.5	7:02	4:31	
23	Thu	9:40	10.7	10:17	9.5	3:27	0.5	4:05	-0.6	7:02	4:32	
24	Fri	10:27	10.7	11:01	9.6	4:15	0.5	4:50	-0.5	7:01	4:33	
25	Sat	11:10	10.6	11:43	9.5	5:00	0.5	5:32	-0.4	7:00	4:35	
26	Sun	11:51	10.5			5:42	0.6	6:12	-0.2	6:59	4:36	
27	Mon	12:22	9.5	12:31	10.2	6:22	0.7	6:50	0.0	6:58	4:37	
28	Tue	1:00	9.4	1:10	9.9	7:01	0.8	7:27	0.3	6:57	4:39	
29	Wed	1:38	9.2	1:49	9.6	7:41	1.0	8:05	0.6	6:56	4:40	
30	Thu	2:17	9.1	2:31	9.2	8:23	1.2	8:44	0.9	6:55	4:41	
31	Fri	2:58	9.0	3:16	8.7	9:07	1.4	9:26	1.2	6:54	4:43	