US HARBORS www.USHarbors.com

North Haven, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:46	11.0	8:27	9.7	1:26	0.3	2:14	-0.7	7:10	4:07	
2	Wed	8:45	11.4	9:25	10.1	2:28	0.1	3:12	-1.1	7:10	4:08	
3	Thu	9:40	11.6	10:20	10.3	3:25	-0.2	4:07	-1.3	7:10	4:09	
4	Fri	10:34	11.8	11:11	10.5	4:20	-0.3	4:58	-1.4	7:10	4:10	
5	Sat	11:25	11.7			5:12	-0.4	5:48	-1.3	7:10	4:11	
6	Sun	12:01	10.5	12:15	11.4	6:03	-0.3	6:36	-1.1	7:10	4:12	
7	Mon	12:49	10.4	1:04	11.0	6:54	-0.1	7:23	-0.7	7:10	4:13	
8	Tue	1:37	10.2	1:53	10.4	7:44	0.2	8:10	-0.2	7:09	4:14	
9	Wed	2:25	9.9	2:43	9.8	8:35	0.5	8:58	0.4	7:09	4:15	
10	Thu	3:13	9.6	3:35	9.2	9:27	0.9	9:47	0.9	7:09	4:16	
11	Fri	4:04	9.4	4:30	8.6	10:21	1.1	10:38	1.3	7:08	4:18	
12	Sat	4:56	9.1	5:28	8.3	11:18	1.3	11:32	1.6	7:08	4:19	
13	Sun	5:51	9.1	6:27	8.1			12:16	1.3	7:08	4:20	
14	Mon	6:45	9.1	7:23	8.1	12:26	1.7	1:11	1.1	7:07	4:21	
15	Tue	7:37	9.3	8:14	8.3	1:20	1.7	2:03	0.9	7:07	4:22	
16	Wed	8:25	9.5	9:01	8.6	2:10	1.5	2:50	0.6	7:06	4:24	
17	Thu	9:09	9.9	9:43	8.9	2:56	1.3	3:33	0.3	7:05	4:25	
18	Fri	9:50	10.2	10:22	9.2	3:38	1.0	4:12	0.0	7:05	4:26	
19	Sat	10:29	10.5	10:59	9.5	4:18	0.7	4:50	-0.3	7:04	4:27	
20	Sun	11:07	10.7	11:37	9.8	4:57	0.5	5:27	-0.5	7:03	4:29	
21	Mon	11:47	10.8			5:36	0.2	6:04	-0.6	7:03	4:30	
22	Tue	12:15	10.1	12:28	10.8	6:17	0.1	6:44	-0.6	7:02	4:31	
23	Wed	12:55	10.3	1:11	10.6	7:01	-0.1	7:25	-0.5	7:01	4:33	
24	Thu	1:39	10.5	1:59	10.4	7:48	-0.1	8:11	-0.3	7:00	4:34	
25	Fri	2:26	10.5	2:51	10.0	8:40	-0.1	9:01	0.0	6:59	4:35	
26	Sat	3:19	10.5	3:49	9.5	9:38	0.0	9:57	0.3	6:58	4:37	
27	Sun	4:17	10.3	4:54	9.2	10:42	0.1	11:00	0.6	6:57	4:38	
28	Mon	5:21	10.3	6:04	9.0	11:50	0.1			6:56	4:39	
29	Tue	6:28	10.3	7:13	9.1	12:07	0.7	12:59	-0.1	6:55	4:41	
30	Wed	7:34	10.6	8:18	9.4	1:15	0.6	2:03	-0.4	6:54	4:42	
31	Thu	8:36	10.9	9:15	9.8	2:19	0.3	3:02	-0.7	6:53	4:44	