

































## Northeast Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:33	11.6	8:14	10.3	12:49	0.3	1:37	-0.7	7:08	4:04	
2	Wed	8:32	12.0	9:12	10.6	1:51	0.1	2:35	-1.1	7:08	4:05	
3	Thu	9:27	12.3	10:07	10.9	2:48	-0.2	3:30	-1.4	7:08	4:06	
4	Fri	10:21	12.4	10:58	11.1	3:43	-0.4	4:21	-1.5	7:08	4:07	
5	Sat	11:12	12.3	11:48	11.1	4:35	-0.4	5:11	-1.4	7:08	4:08	
6	Sun			12:02	12.0	5:26	-0.3	5:59	-1.1	7:08	4:09	
7	Mon	12:36	11.0	12:51	11.6	6:17	-0.1	6:46	-0.7	7:08	4:10	
8	Tue	1:24	10.8	1:40	11.0	7:07	0.2	7:33	-0.2	7:08	4:11	
9	Wed	2:12	10.5	2:30	10.3	7:58	0.6	8:21	0.4	7:07	4:12	
10	Thu	3:00	10.2	3:22	9.7	8:50	0.9	9:10	0.9	7:07	4:14	
11	Fri	3:51	9.9	4:17	9.1	9:44	1.2	10:01	1.3	7:07	4:15	
12	Sat	4:43	9.6	5:15	8.7	10:41	1.3	10:55	1.7	7:06	4:16	
13	Sun	5:38	9.5	6:14	8.6	11:39	1.3	11:49	1.8	7:06	4:17	
14	Mon	6:32	9.6	7:10	8.6			12:34	1.2	7:05	4:18	
15	Tue	7:24	9.8	8:01	8.8	12:43	1.8	1:26	0.9	7:05	4:19	
16	Wed	8:12	10.1	8:48	9.0	1:33	1.6	2:13	0.6	7:04	4:21	
17	Thu	8:56	10.4	9:30	9.4	2:19	1.3	2:56	0.3	7:04	4:22	
18	Fri	9:37	10.7	10:09	9.7	3:01	1.1	3:35	0.0	7:03	4:23	
19	Sat	10:16	11.0	10:46	10.1	3:41	0.8	4:13	-0.3	7:02	4:25	
20	Sun	10:54	11.3	11:24	10.4	4:20	0.5	4:50	-0.5	7:02	4:26	
21	Mon	11:34	11.4			4:59	0.3	5:27	-0.6	7:01	4:27	
22	Tue	12:02	10.7	12:15	11.4	5:40	0.1	6:07	-0.7	7:00	4:29	
23	Wed	12:42	10.9	12:58	11.2	6:24	-0.1	6:48	-0.6	6:59	4:30	
24	Thu	1:26	11.1	1:46	10.9	7:11	-0.1	7:34	-0.3	6:58	4:31	
25	Fri	2:13	11.1	2:38	10.5	8:03	-0.1	8:24	0.0	6:57	4:33	
26	Sat	3:06	11.0	3:36	10.0	9:01	0.0	9:20	0.3	6:56	4:34	
27	Sun	4:04	10.9	4:41	9.7	10:05	0.1	10:23	0.6	6:55	4:35	
28	Mon	5:08	10.8	5:51	9.5	11:13	0.1	11:30	0.7	6:54	4:37	
29	Tue	6:15	10.9	7:00	9.6			12:22	-0.1	6:53	4:38	
30	Wed	7:21	11.1	8:05	9.9	12:38	0.6	1:26	-0.4	6:52	4:39	
31	Thu	8:23	11.5	9:02	10.3	1:42	0.3	2:25	-0.8	6:51	4:41	