

Ogunquit, Perkins Cove, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:32	8.6	1:38	9.5	7:34	0.5	8:05	-0.4	7:14	4:17	
2	Tue	2:15	8.8	2:27	9.2	8:23	0.4	8:51	-0.3	7:14	4:18	
3	Wed	3:02	9.0	3:20	8.9	9:17	0.4	9:40	-0.1	7:14	4:19	
4	Thu	3:54	9.2	4:19	8.6	10:15	0.3	10:34	0.2	7:14	4:20	
5	Fri	4:49	9.3	5:23	8.3	11:17	0.2	11:32	0.4	7:14	4:21	
6	Sat	5:49	9.4	6:31	8.2			12:23	0.0	7:14	4:22	
7	Sun	6:52	9.6	7:40	8.2	12:35	0.6	1:31	-0.2	7:14	4:23	
8	Mon	7:55	9.9	8:43	8.4	1:39	0.6	2:34	-0.6	7:13	4:24	
9	Tue	8:54	10.1	9:41	8.6	2:41	0.4	3:32	-0.9	7:13	4:25	
10	Wed	9:51	10.3	10:35	8.8	3:38	0.2	4:27	-1.1	7:13	4:26	
11	Thu	10:44	10.4	11:26	8.9	4:32	0.0	5:18	-1.2	7:13	4:27	
12	Fri	11:35	10.3			5:24	0.0	6:05	-1.1	7:12	4:28	
13	Sat	12:13	9.0	12:22	10.0	6:13	0.0	6:50	-0.9	7:12	4:29	
14	Sun	12:59	9.0	1:09	9.6	7:01	0.2	7:34	-0.5	7:11	4:31	
15	Mon	1:43	8.9	1:55	9.1	7:49	0.4	8:17	0.0	7:11	4:32	
16	Tue	2:28	8.7	2:43	8.6	8:38	0.7	9:00	0.5	7:10	4:33	
17	Wed	3:13	8.5	3:34	8.0	9:29	1.0	9:45	1.0	7:10	4:34	
18	Thu	4:00	8.3	4:27	7.5	10:22	1.2	10:33	1.4	7:09	4:35	
19	Fri	4:49	8.2	5:24	7.2	11:18	1.4	11:24	1.8	7:09	4:37	
20	Sat	5:42	8.1	6:24	7.0			12:18	1.4	7:08	4:38	
21	Sun	6:37	8.1	7:24	7.0	12:20	2.0	1:19	1.3	7:07	4:39	
22	Mon	7:33	8.3	8:19	7.2	1:18	2.0	2:14	1.1	7:07	4:40	
23	Tue	8:23	8.5	9:07	7.4	2:11	1.8	3:02	0.7	7:06	4:42	
24	Wed	9:09	8.9	9:50	7.7	2:58	1.5	3:44	0.3	7:05	4:43	
25	Thu	9:52	9.2	10:31	8.1	3:41	1.1	4:24	-0.1	7:04	4:44	
26	Fri	10:33	9.6	11:10	8.4	4:23	0.7	5:02	-0.4	7:03	4:46	
27	Sat	11:13	9.8	11:47	8.8	5:04	0.4	5:39	-0.7	7:02	4:47	
28	Sun	11:54	9.9			5:46	0.0	6:17	-0.9	7:01	4:48	
29	Mon	12:25	9.1	12:36	9.9	6:30	-0.3	6:57	-0.9	7:00	4:50	
30	Tue	1:05	9.4	1:20	9.7	7:15	-0.4	7:39	-0.8	6:59	4:51	
31	Wed	1:48	9.6	2:08	9.4	8:04	-0.5	8:25	-0.5	6:58	4:52	