

































## Ogunquit, Perkins Cove, ME - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:13	8.5	2:17	9.2	8:10	1.1	8:50	0.2	6:54	4:08	
2	Mon	3:05	8.2	3:10	8.7	9:03	1.4	9:43	0.6	6:55	4:07	
3	Tue	3:58	8.0	4:05	8.4	9:59	1.7	10:35	0.9	6:56	4:07	
4	Wed	4:52	7.9	5:02	8.1	10:57	1.8	11:27	1.1	6:57	4:07	
5	Thu	5:44	8.0	5:59	7.9	11:55	1.8			6:58	4:07	
6	Fri	6:36	8.1	6:55	7.9	12:20	1.3	12:53	1.6	6:59	4:07	
7	Sat	7:24	8.4	7:48	7.9	1:10	1.3	1:46	1.2	7:00	4:06	
8	Sun	8:09	8.7	8:35	8.1	1:56	1.2	2:33	0.8	7:01	4:06	
9	Mon	8:49	9.0	9:19	8.2	2:38	1.1	3:14	0.4	7:02	4:06	
10	Tue	9:27	9.3	10:01	8.4	3:18	0.9	3:54	0.1	7:03	4:06	
11	Wed	10:05	9.6	10:42	8.5	3:57	0.8	4:34	-0.3	7:04	4:06	
12	Thu	10:44	9.8	11:23	8.6	4:36	0.6	5:14	-0.5	7:05	4:07	
13	Fri	11:25	10.0			5:18	0.5	5:56	-0.7	7:05	4:07	
14	Sat	12:05	8.7	12:08	10.0	6:01	0.4	6:40	-0.8	7:06	4:07	
15	Sun	12:49	8.7	12:54	10.0	6:47	0.4	7:26	-0.8	7:07	4:07	
16	Mon	1:37	8.7	1:44	9.9	7:37	0.4	8:17	-0.7	7:08	4:07	
17	Tue	2:29	8.8	2:39	9.6	8:32	0.5	9:11	-0.5	7:08	4:08	
18	Wed	3:26	8.8	3:40	9.3	9:32	0.5	10:08	-0.3	7:09	4:08	
19	Thu	4:26	8.9	4:45	9.1	10:36	0.5	11:08	-0.1	7:09	4:08	
20	Fri	5:26	9.1	5:52	8.9	11:42	0.4			7:10	4:09	
21	Sat	6:27	9.4	6:59	8.8	12:09	0.0	12:50	0.1	7:11	4:09	
22	Sun	7:27	9.7	8:02	8.9	1:11	0.1	1:55	-0.3	7:11	4:10	
23	Mon	8:23	10.0	9:00	9.0	2:09	0.1	2:53	-0.7	7:11	4:10	
24	Tue	9:14	10.2	9:54	9.0	3:03	0.0	3:46	-1.0	7:12	4:11	
25	Wed	10:04	10.3	10:44	9.0	3:54	0.0	4:36	-1.1	7:12	4:11	
26	Thu	10:51	10.3	11:32	8.9	4:42	0.1	5:23	-1.1	7:13	4:12	
27	Fri	11:36	10.1			5:29	0.2	6:08	-0.9	7:13	4:13	
28	Sat	12:17	8.8	12:20	9.8	6:13	0.4	6:51	-0.6	7:13	4:14	
29	Sun	1:00	8.6	1:03	9.5	6:57	0.7	7:33	-0.3	7:13	4:14	
30	Mon	1:43	8.4	1:47	9.1	7:41	0.9	8:16	0.1	7:14	4:15	
31	Tue	2:28	8.2	2:32	8.7	8:27	1.2	9:00	0.6	7:14	4:16	