




























Ogunquit, Perkins Cove, ME - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:17	8.3	5:30	9.3	11:17	1.1			7:17	5:34	
2	Wed	6:25	8.3	6:41	9.2	12:06	0.2	12:27	1.2	7:18	5:33	
3	Thu	7:31	8.6	7:50	9.2	1:14	0.2	1:39	0.9	7:20	5:31	
4	Fri	8:32	9.0	8:53	9.2	2:18	0.2	2:45	0.5	7:21	5:30	
5	Sat	9:26	9.4	9:50	9.3	3:15	0.0	3:43	0.1	7:22	5:29	
6	Sun	9:14	9.7	9:41	9.3	3:05	0.0	3:35	-0.3	6:24	4:27	
7	Mon	9:58	9.9	10:29	9.2	3:50	0.1	4:22	-0.5	6:25	4:26	
8	Tue	10:40	9.9	11:14	9.0	4:33	0.2	5:06	-0.6	6:26	4:25	
9	Wed	11:20	9.8	11:56	8.8	5:14	0.5	5:48	-0.5	6:27	4:24	
10	Thu	11:58	9.6			5:53	0.8	6:29	-0.2	6:29	4:23	
11	Fri	12:38	8.5	12:37	9.3	6:33	1.2	7:10	0.1	6:30	4:22	
12	Sat	1:20	8.2	1:18	9.0	7:13	1.5	7:52	0.5	6:31	4:21	
13	Sun	2:04	7.8	2:02	8.7	7:56	1.8	8:38	0.8	6:33	4:20	
14	Mon	2:52	7.6	2:51	8.4	8:43	2.0	9:27	1.1	6:34	4:19	
15	Tue	3:43	7.4	3:44	8.2	9:35	2.2	10:18	1.3	6:35	4:18	
16	Wed	4:36	7.4	4:40	8.0	10:30	2.3	11:10	1.3	6:36	4:17	
17	Thu	5:28	7.5	5:36	8.0	11:27	2.1			6:38	4:16	
18	Fri	6:19	7.8	6:31	8.1	12:02	1.3	12:24	1.9	6:39	4:15	
19	Sat	7:07	8.2	7:25	8.3	12:51	1.1	1:19	1.4	6:40	4:14	
20	Sun	7:51	8.7	8:14	8.5	1:38	0.9	2:09	0.8	6:41	4:14	
21	Mon	8:32	9.3	9:00	8.8	2:22	0.6	2:54	0.1	6:43	4:13	
22	Tue	9:13	9.8	9:46	9.0	3:05	0.4	3:39	-0.5	6:44	4:12	
23	Wed	9:55	10.3	10:32	9.2	3:48	0.1	4:24	-1.0	6:45	4:12	
24	Thu	10:39	10.6	11:20	9.2	4:32	0.0	5:11	-1.3	6:46	4:11	
25	Fri	11:26	10.7			5:19	-0.1	6:00	-1.4	6:47	4:10	
26	Sat	12:10	9.2	12:16	10.7	6:09	0.0	6:51	-1.3	6:49	4:10	
27	Sun	1:02	9.1	1:09	10.5	7:01	0.1	7:45	-1.1	6:50	4:09	
28	Mon	1:58	8.9	2:07	10.1	7:57	0.4	8:44	-0.7	6:51	4:09	
29	Tue	2:59	8.7	3:11	9.7	8:59	0.6	9:46	-0.4	6:52	4:08	
30	Wed	4:04	8.6	4:18	9.3	10:07	0.8	10:49	-0.1	6:53	4:08	