US HARBORS www.USHarbors.com

Ogunquit, Perkins Cove, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:11	8.9	4:51	8.6	10:36	0.5	11:02	1.3	5:06	8:26	
2	Wed	5:05	8.4	5:40	8.6	11:24	0.9	11:58	1.5	5:07	8:26	
3	Thu	6:00	7.9	6:29	8.5			12:12	1.3	5:07	8:25	
4	Fri	6:56	7.6	7:19	8.5	12:55	1.5	1:01	1.7	5:08	8:25	
5	Sat	7:54	7.4	8:09	8.5	1:53	1.5	1:53	1.9	5:08	8:25	
6	Sun	8:50	7.3	8:58	8.7	2:48	1.3	2:45	2.0	5:09	8:24	
7	Mon	9:41	7.4	9:44	8.8	3:39	1.1	3:33	2.0	5:10	8:24	
8	Tue	10:29	7.5	10:28	9.0	4:24	0.9	4:18	1.9	5:10	8:24	
9	Wed	11:13	7.7	11:10	9.2	5:07	0.6	5:00	1.7	5:11	8:23	
10	Thu	11:55	7.9	11:51	9.4	5:47	0.4	5:41	1.5	5:12	8:23	
11	Fri			12:35	8.0	6:26	0.2	6:22	1.3	5:13	8:22	
12	Sat	12:32	9.6	1:14	8.3	7:04	-0.1	7:04	1.1	5:14	8:22	
13	Sun	1:12	9.7	1:52	8.5	7:42	-0.2	7:47	0.9	5:14	8:21	
14	Mon	1:54	9.7	2:33	8.8	8:22	-0.3	8:33	0.7	5:15	8:20	
15	Tue	2:38	9.6	3:15	9.1	9:04	-0.3	9:23	0.5	5:16	8:20	
16	Wed	3:26	9.4	4:02	9.3	9:49	-0.2	10:16	0.4	5:17	8:19	
17	Thu	4:19	9.1	4:52	9.5	10:38	0.0	11:13	0.3	5:18	8:18	
18	Fri	5:17	8.8	5:45	9.7	11:29	0.2			5:19	8:18	
19	Sat	6:18	8.5	6:42	9.8	12:13	0.2	12:25	0.5	5:20	8:17	
20	Sun	7:24	8.3	7:44	9.9	1:17	0.1	1:26	0.7	5:21	8:16	
21	Mon	8:31	8.2	8:47	10.0	2:24	0.0	2:30	0.8	5:22	8:15	
22	Tue	9:35	8.3	9:47	10.2	3:28	-0.3	3:32	0.7	5:22	8:14	
23	Wed	10:34	8.5	10:44	10.3	4:27	-0.5	4:31	0.6	5:23	8:13	
24	Thu	11:30	8.7	11:39	10.3	5:22	-0.7	5:26	0.5	5:24	8:12	
25	Fri			12:22	8.8	6:14	-0.7	6:18	0.4	5:25	8:11	
26	Sat	12:30	10.3	1:10	8.9	7:02	-0.7	7:08	0.4	5:26	8:10	
27	Sun	1:18	10.0	1:55	9.0	7:46	-0.5	7:56	0.5	5:27	8:09	
28	Mon	2:04	9.7	2:38	8.9	8:29	-0.2	8:44	0.7	5:29	8:08	
29	Tue	2:49	9.2	3:21	8.8	9:11	0.2	9:32	0.9	5:30	8:07	
30	Wed	3:36	8.7	4:05	8.7	9:53	0.7	10:21	1.2	5:31	8:06	
31	Thu	4:25	8.2	4:50	8.6	10:36	1.2	11:12	1.4	5:32	8:05	